



REPÚBLICA DE PANAMÁ  
— GOBIERNO NACIONAL —

MINISTERIO DE  
EDUCACIÓN

# Guía de autoaprendizaje DE INGLÉS | 12<sup>o</sup>



2020



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## GUÍA DE APRENDIZAJE

### Inglés Duodécimo grado

Nombre del estudiante: \_\_\_\_\_

Centro Educativo: \_\_\_\_\_

## Medidas de prevención por el COVID - 19



LAVA LOS ALIMENTOS  
ANTES DE CONSUMIRLOS



DESINFECTA LAS  
SUPERFICIES



NO TE TOQUES LA CARA



CUBRE TU NARIZ Y  
BOCA



MANTEN LA DISTANCIA Y  
EVITA LOS SALUDOS



2 mts.



LAVA TUS MANOS CON  
JABÓN FRECUENTEMENTE



QUÉDATE  
EN CASA

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*Apreciado estudiante:*

*Pensando en ti, para que puedas lograr tus sueños, queremos que sigas aprendiendo. Ahora que estás en casa, aprovecha y comparte con tu familia, escribe historias con tus personajes favoritos, lee todo lo que puedas, imagina un mundo mejor, cuida a los animales, siembra un árbol; en fin, aprovecha el tiempo y trata de ser muy feliz.*

*¡Te extrañamos! pronto nos veremos, recuerda que es importante que sigas aprendiendo. Para lograrlo, debes desarrollar cada una de las asignaciones y actividades, que han sido elaboradas, especialmente para ti. Trata de hacerlo de forma independiente, si tienes quien te ayude, ¡fabuloso! Pero recuerda, tienes una oportunidad valiosa para que, a través de los libros, puedas conocer el mundo, aprender la magia de los números, viajar con la lectura, analizar la importancia del agua, los beneficios de los árboles, el funcionamiento de nuestro cuerpo y los cuidados que debemos darle.*

*Eres de gran valor para tu familia y nuestro país, por eso debes cuidar tu salud y seguir las recomendaciones para la prevención de enfermedades.*

*Pronto volveremos a la escuela y queremos que nos digas cuanto aprendiste, el tema más interesante que desarrollaste, la lectura que más te gustó, lo divertido que fue para ti, aprender en casa. ¡Nos veremos pronto, todo va a salir bien!*

**Maruja Gorday de Villalobos**  
Ministra de Educación

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6.	Use of technology for professional success / Telecommute Working from home.
7.	Technology devices during the COVID-19 lockdown.
8.	Technology platforms, apps and their influence in human life during the COVID-19 pandemic.
9.	Global warming Effects and measures to protect the planet..
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14.	Good healthy eating habits as a social responsibility / Food pyramid, nutrition.
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## Professions and Occupations

### WEEK 1

#### PROFESSIONS AND OCCUPATIONS INTRODUCTION TO THE TOPIC

This lesson is about using vocabulary words related to professions and occupations. It provides you with reading and writing practices at using full sentences associated to peoples' skills and abilities.

#### OBJECTIVES

1. To use the English language vocabulary and language in written way for academic and professional purposes.
2. To recognize the importance of learning English to participate in academic and professional scenarios.

**DID  
YOU  
KNOW?**

A **profession** requires a degree or completed studies at a university (or higher education), for example, doctor, teacher, lawyer.

An **occupation** is an activity that occupies your time and from which you receive money for doing it, for instance, yoga trainer, hairstylist, or fashion model.



### Image Brainstorming

Look at the picture and guess what profession it is. Write as many words as you can remember about jobs and occupations.



## TOPIC EXPLANATION

### Professions and occupation to get a job

This topic about professions and occupation is going to help you to be prepared for different jobs and career opportunities. It includes a list of vocabulary words and language use. It is part of the academic support to understand the process of choosing a career.

## VOCABULARY

### Professions and occupations

Word	Definition
Accountant:	someone who keeps or examines the record of money received, paid, and owed by a company or person.
doctor:	A person with a medical degree whose job is to treat people who are ill or hurt.
lawyer:	someone whose job is to give advice to people about the law and speak for them in court.
manager:	the person who is responsible for managing an organization.
mechanic:	someone whose job is repairing the engines of vehicles and other machines.

<b>Word</b>	<b>Definition</b>
nurse:	(the title given to) a person whose job is to care for people who are ill or injured, especially in a hospital.
scientists:	an expert who studies or works in one of the sciences.
secretary:	someone who works in an office, writing letters, making phone calls, and arranging meetings for a person or for an organization.
teacher:	someone whose job is to teach in a school or college.
technician:	a worker trained with special skills, especially in science or engineering.
tour guide:	a person that gives you the most important information about a particular place or country.

## READING COMPREHENSION

### U.K. leader thanks nurses for saving his life

Read the following reading and check your comprehension



The Prime Minister of the United Kingdom, Boris Johnson, has thanked his country's National Health Service for saving his life. Mr Johnson, 55, tested positive for COVID-19 on March the 27th. He self-isolated in his apartment in Downing Street, London and continued to lead the country and its response to the coronavirus pandemic. However, his symptoms persisted and his condition took a turn for the worse. On April the 5th, he was admitted to a London hospital for tests. A day later he was moved to the hospital's intensive care unit as his condition worsened. Downing Street said this was a "precautionary move". He remained conscious and was able to breathe without needing a ventilator. Mr. Johnson said the care he received from nurses, doctors and other cares was "exemplary". He said: "I can't thank them enough. I owe them my life." He is now out

of intensive care and is on a recovery ward in the hospital. He believed he was strong enough to keep going regardless of any symptoms from which he might be suffering. His strong inclination was to overwork, not to put his feet up. In the light of his experiences one hopes he will change his outlook."

## READING COMPREHENSION

### ACTIVITY 1

Read the text again and answer the following questions.

1. Who tested positive for COVID-19? \_\_\_\_\_
2. When did it occur? \_\_\_\_\_
3. Where did it happen? \_\_\_\_\_
4. What happened to Mr. Johnson on April the 5<sup>th</sup>? \_\_\_\_\_
5. Who were the heroes that helped Mr. Johnson \_\_\_\_\_

## ACTIVITY 2

## True or False

- |  |       |
|--|-------|
| a) Mr. Johnson contracted COVID-19 in early April.                           | T / F |
| b) Mr. Johnson stopped leading the coronavirus task force immediately.       | T / F |
| c) Mr. Johnson was taken to an intensive care unit a day after he had tests. | T / F |
| d) Mr. Johnson spent a day on a ventilator.                                  | T / F |
| e) Mr. Johnson said the care he received from nurses was exemplary.          | T / F |
| f) Mr. Johnson said he owes his life to the National Health Service.         | T / F |
| g) A biographer said Mr. Johnson didn't use to believe in illness.           | T / F |
| h) A biographer said Mr. Johnson liked to put his feet up.                   | T / F |

## STRUCTURE

## SIMPLE PAST TENSE-REGULAR VERBS

Look at the chart to review the Simple Past Tense.

**Form :** S + infinite verb form +ed –ied + object  
**Anna** watch**ed** the movie last night.

**Meaning:** At one particular time in the past, this event happened. It began and ended in the past.

**Use:** To talk about a completed past event.

THE SIMPLE PAST TENSE			SIMPLE PAST TENSE REGULAR VERBS		Simple Past tense Pronunciation of the <b>ed</b> endings			
Affirmative sentence	Interrogative sentence	Negative sentence	Infinitive + ed/d		/d/	/id/	/t/	
I worked	Did I work?	I didn't work	visit - visited		<div style="display: flex; justify-content: space-around;"> <div style="background-color: #c8e6c9; padding: 5px; border-radius: 10px; text-align: center;">/d/</div> <div style="background-color: #c8e6c9; padding: 5px; border-radius: 10px; text-align: center;">/id/</div> <div style="background-color: #c8e6c9; padding: 5px; border-radius: 10px; text-align: center;">/t/</div> </div>			
You worked	Did you work?	You didn't work	love - loved			Enjoyed	Needed	Washed
He worked	Did he work?	He didn't work	Vowel + y: ed	enjoy - enjoyed		Offered	Wanted	Watched
She worked	Did she work?	She didn't work	Consonant + y: ied	study - studied		Called	Headed	Helped
It worked	Did it work?	It didn't work	One-syllable verb	stop - stopped		Used	Started	Laughed
We worked	Did we work?	We didn't work	1 vowel + 1 consonant:	bat - batted		Cleaned	Parted	Danced
You worked	Did you work?	You didn't work	Double consonant + ed	permit - permitted		Damaged	Granted	Fixed
They worked	Did they work?	They didn't work	Two-syllable with stress on second syllable and ending with a single consonant:	commit - committed		Amazed	Landed	Mixed
Short answers								
Did I/you/he, etc Work...?		Yes, I/you/he, etc did. No, I/you/he, etc didn't						

### Examples:

My doctor **worked** 24/7 last week.

Many nurses **didn't** visit their patients some hours ago.

**Did** the students amaze their families during the last night show?

## The Simple Present Tense

### ACTIVITY 3

#### Grammar practice

Write different sentences using the Simple Past Tense of Regular Verbs.

- 1- Affirmative: The accountant **attended** to the meeting some hours ago.
- 2- Negative: She **didn't** attend to the meeting some hours ago.
- 3- Interrogative (Yes / No): Did she attend to the meeting some hours ago? Yes, she did.

A) My sister / enjoy / the movie / yesterday morning.

- 1- \_\_\_\_\_.
- 2- \_\_\_\_\_.
- 3- \_\_\_\_\_.

C) We / live / in Panama City / in 1997.

- 1- \_\_\_\_\_.
- 2- \_\_\_\_\_.
- 3- \_\_\_\_\_.

E) You / start / school / five years ago.

- 1- \_\_\_\_\_.
- 2- \_\_\_\_\_.
- 3- \_\_\_\_\_.

B) My dentist / clean / my teeth / yesterday.

- 1- \_\_\_\_\_.
- 2- \_\_\_\_\_.
- 3- \_\_\_\_\_.

D) Laura / study / Math / last night.

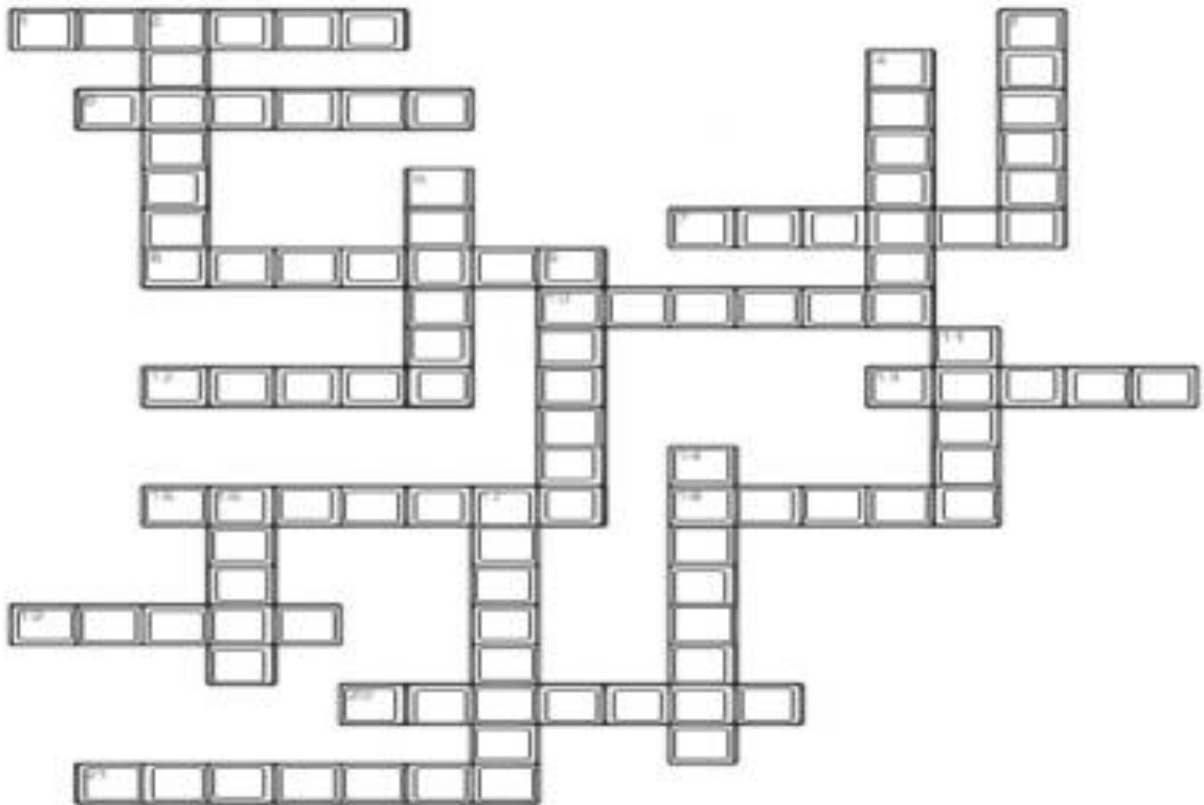
- 1- \_\_\_\_\_.
- 2- \_\_\_\_\_.
- 3- \_\_\_\_\_.





## Crossword

Complete the crossword puzzle by placing the correct verb in its position.



### Across

- 1. wish
- 5. work
- 7. rely
- 8. drag
- 10. rush
- 12. save
- 13. cry
- 15. stop
- 18. note
- 19. spy
- 20. carry
- 21. grab

### Down

- 2. shop
- 3. look
- 4. marry
- 6. hug
- 9. drop
- 11. fry
- 14. invent
- 16. try
- 17. explore



## GLOSSARY

Read this information to get the pronunciation and definition of some unknown words for you.

Word	Suggested pronunciation	Definition
<b>self-isolated:</b>	(selfaisoleitid)	to not leave your home and to stay away from other people when you have, or may have, an infectious disease.
<b>turn</b>	(tórn)	to <u>suddenly become better</u> or <u>worse</u> . 2- a slight illness, a strange feeling, or a nervous shock.
<b>worse</b>	(úors)	more unpleasant, difficult, or severe than before or than something else that is also bad.
<b>worsened</b>	(uorsen)	to become more ill, or to become a more severe condition.
<b>precautionary</b>	(precaouchonari)	intended to prevent something unpleasant or dangerous from happening.
<b>enough</b>	(inof)	can also mean as much or more than is wanted.

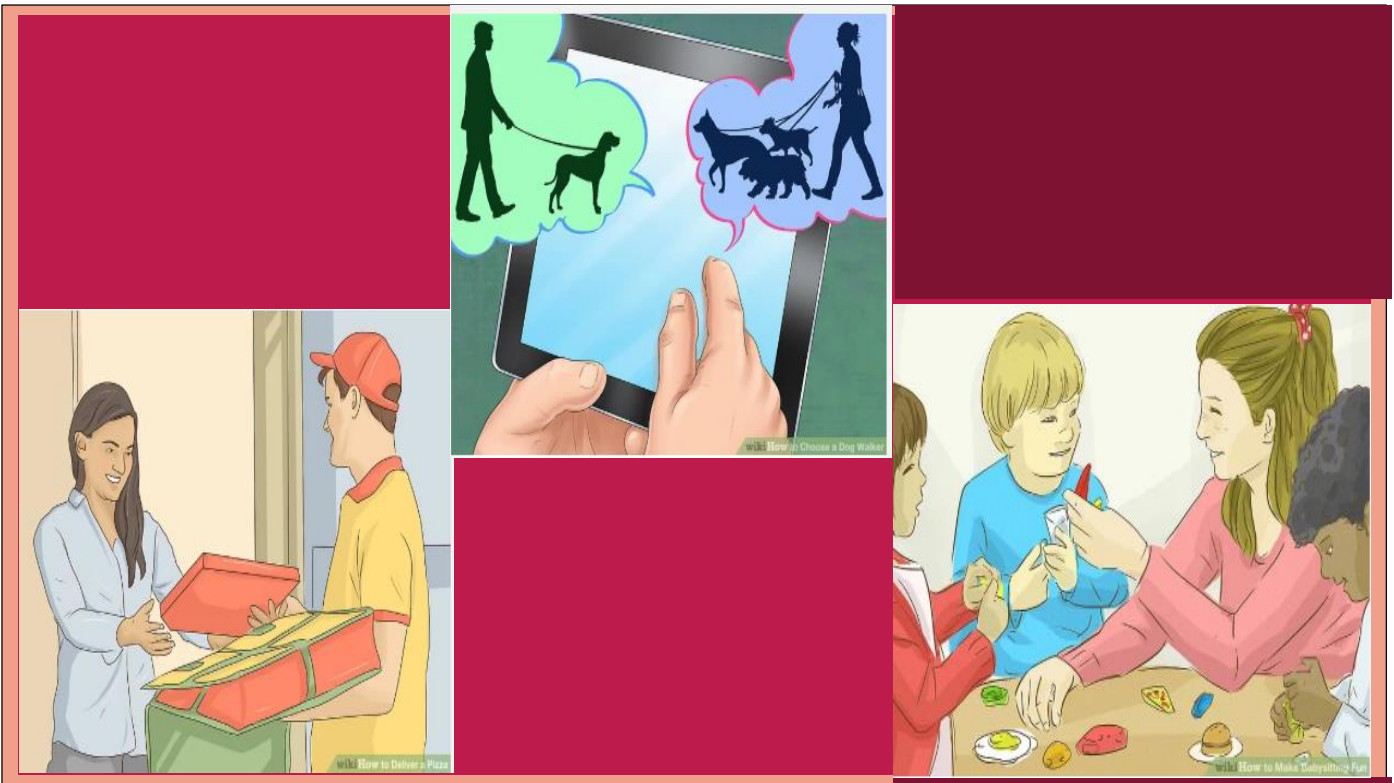
## I CAN...

Put a check mark next to the knowledge, procedure or attitude you have achieved in this lesson.

- I can use the vocabulary of professions and occupations in my daily life.
- I can read a passage and comprehend the message.
- I can write reports with simple sentences using..

## SUPPLEMENTARY MATERIAL

Use the Online pages to practice more.



## WEEK2

# Panama new Job needs

### INTRODUCTION TO THE TOPIC

Because the Covid-19 pandemic, people have been dismissed in Panama and in many other countries. There are some professions and occupations that are the solutions for new job demands.

## OBJECTIVES

1. To show a clear understanding of the English language vocabulary and language in written way for academic and professional purposes.
2. To appraise the importance of learning English to participate in academic and professional.

According to a list compiled for CNBC, there are some positions that are likely to only increase in popularity because of the pandemic Covid 19-. These jobs positions are: Covid-19 testers, Covid 19-caregivers, temperature screeners, face-mask makers, and Zoom support specialists.

<https://www.cnbc.com/2020/05/31/new-jobs-created-as-a-result-of-the-coronavirus-pandemic.html>



**Look at the following image, what is he doing?  
What is his occupation?  
Writes down your ideas in the space.**



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**TOPIC  
EXPLANATION**

**Panama new job needs**

Today we know that the Coronavirus spreads when an infected person coughs small droplets, packed with the virus into the air. These can cause an infection if they are breathed in, or potentially if you touch a surface they have landed on.

So going out home and mixing with other people does carry a risk. That is why social distancing demands keeping at least 2m (about 6ft) from others. It is so important, and many shopping services are enforcing it.

Because of the pandemic in our country, there is a great demand on jobs like delivery drivers, professional home cleaners, dog walkers, nutritionist among others. These workers are popular jobs now. They are considered people's essential partners during stay-at-home order.

This lesson will provide you with some vocabulary, language structures, and information to know more about the most popular jobs in our country

## VOCABULARY

### Let's get familiar with some key words.

Word	Definition
babysitter:	someone who takes care of your baby or child while you are out, usually by coming to your home, especially someone you pay to do this.
Dog walker:	a person who walks, especially for exercise or enjoyment.
Event planner:	the person who makes decisions and planning large events such as conferences, trade shows, and parties.
Home delivery driver:	a person who the act of taking goods, letters, parcels, etc. to people's houses or places of work.
Nutritionist:	an expert on the subject of nutrition.
Personal care assistant:	the job of helping people who cannot take care of themselves, for example because they are disabled.
Personal coach:	someone whose job is to teach people to improve at a sport, skill, or school subject.
Personal trainer:	someone whose job is to help you become stronger and healthier by deciding which exercises you should do and showing you how to do them.
Professional home cleaner:	a person whose job is to clean houses, apartments, etc.
social media manager:	the person who is responsible for managing an organization websites and computer programs that allow people to communicate and share information on the internet using a computer or mobile phone.

## READING COMPREHENSION

### Online delivery drivers

#### Read the article

The huge **surge** in the popularity of online shopping is creating **chaos** on the streets of our cities and on our road networks. As the number of online deliveries is **skyrocketing**, the number of delivery trucks making sure we get our **parcels** has also increased. The result is that hundreds more trucks are **clogging up** city streets. This is increasing congestion and adding to levels of pollution. There are literally hundreds more delivery trucks in cities around the world all trying to get parcels delivered on time. Delivery drivers are **battling for** often non-existent parking spaces. Many are forced to park illegally, or double park, adding to the gridlock for other road users. And the problem is set to intensify.

The BBC reports that the **volume** of parcel deliveries surged by almost 50 per cent between 2014 and 2016. It said this could continue to increase by up to 28 per cent a year over the next three years. Many cities have taken tough **measures** to counteract the problems associated with the **increasing** number of deliveries. Many cities in Europe and Asia have **barred** deliveries during times when roads are busiest. London is looking at the possibility of using buses for parcel deliveries. Some areas of London are also **cracking down** on food delivery motorbikes after their streets were being 'swarmed' by scooter riders. Food delivery companies in one London district must now apply for permission to operate.

## ACTIVITY 1

## TRUE OR FALSE

1. The article said online shopping is causing chaos on city streets. T/ F
2. The article said deliveries may soon be delivered by rocket. T/ F
3. The article said cities are making parking available for delivery trucks. T/ F
4. The article said the problem of more delivery trucks will soon disappear T/ F
5. Parcel deliveries will rise by as much as 28% next year. T/ F

## ACTIVITY 2

## MULTIPLE CHOICE

- 1) Where else is online shopping creating chaos besides city streets?  
a) shopping malls                      b) countryside villages  
c) road networks                        d) the Internet
- 2) What did the article say was skyrocketing?  
a) online deliveries                      b) space shuttles  
c) the Internet                              d) networks
- 3) What are hundreds more trucks leading to besides congestion?  
a) pollution                                b) more parking  
c) the city                                  d) better deliveries
- 4) What did the article say delivery drivers are battling for?  
a) deliveries                                b) parking spaces  
c) better wages                            d) more parcels
- 5) What did the article say double parking adds to?  
a) better parks                              b) anger  
c) more parcels                            d) gridlock

# STRUCTURE

# Conjunctions

A conjunction is a joiner, a word that connects (conjoins) parts of a sentence. And, but, or are coordinating conjunctions that allow you to join words, phrases, and clauses of equal Grammatical rank in a sentence.

Form	Subject + Verb + AND, BUT, OR + Verb
Meaning	And: one idea is the result of another But: a contrast that is unexpected Or: a combination of alternatives
Use	They are used to connect smaller parts of writing, such as words and phrases

Conjunctions	Examples
And	Lisa and Pedro are working from home.
But	Marta is reading a book but her brother is playing cards.
Or	Would you like to order a cheesecake or an icecream?

## ACTIVITY 3

Complete the sentences with AND, BUT, OR.

1. I did my best to pass my exams \_\_\_\_\_ I failed.
2. Would you rather have cheese \_\_\_\_\_ bologna on your sandwich?
3. I wanted to go to the park, \_\_\_\_\_ my mom refused.
4. My sister wanted to eat another piece of cake, \_\_\_\_\_ she was on a diet.
5. To get from Chiriquí to Bocas del Toro, you can fly, \_\_\_\_\_ **you** can ride the ferry.



## WORD SEARCH

Find the conjunctions AND, BUT, OR hidden in the picture by circling them. Then write three separate sentences.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



# Test Your Knowledge

## Final Activity for Evaluation

Read the following job advertisement and write a report (10 sentences) on a job advertisement with specific information. Use the questions to guide your writing. Be creative, add an image or draw an image, which illustrates the following paragraph.



### Guiding questions:

1. What is the job position?
2. What type of company?
3. What is the minimum requirement?
4. What is the preferable requirement?
5. What is the salary expect?
6. What languages should the candidate speak?
7. What are the skills required?
8. What is weekly working hours?
9. What benefits does the position have?
10. What other specific information can you add?

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Image

Rubric	Needs improvements	Regular	Good
Grammar	1	2	3
Vocabulary	1	2	3
Add his-her sentence	1	2	3
Image	1	2	3
Creativity	1	2	3
Total points	___/15		

## GLOSSARY

## More words for your vocabulary.

### Word

### Definition

<b>surge:</b>	a sudden and great increase.
<b>Chaos:</b>	a state of total confusion with no order.
<b>Skyrocketing:</b>	present participle of skyrocket. To rise extremely quickly or make extremely quick progress towards success.
<b>Parcels:</b>	an area of land.
<b>Clogging up:</b>	to (cause something to) become blocked or filled so that movement or activity is difficult.
<b>Battling for:</b>	a situation in which you try very hard to solve problems or succeed.
<b>Volume:</b>	the total number or amount of something.
<b>Measures:</b>	to judge the quality, effect, importance, or value of something.
<b>Increasing:</b>	a rise in the amount or size of something.
<b>Barred:</b>	If a door is barred, a bar of wood or metal has been put across it so that it cannot be opened.
<b>Cracking down:</b>	to take strong action to stop something.

**CAN...**

**Check your learning outcomes.**

I can use the vocabulary in context.

I can write sentences using coordinating conjunctions.

I can show a deep understanding of writing a report from a job ad.

**SUPPLEMENTARY MATERIAL**

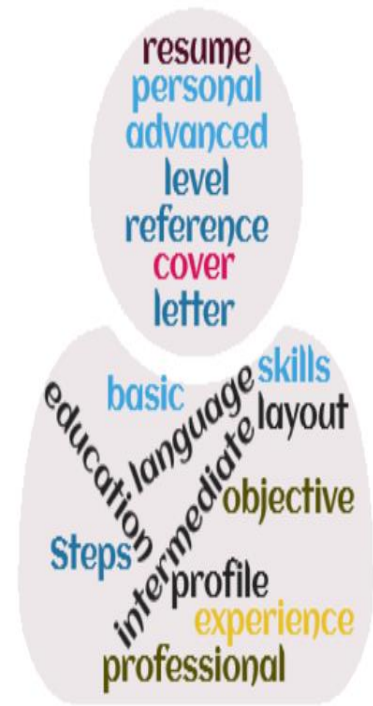
**More resources for your learning.**

<https://www.wikihow.com/Write-an-Ad-for-a-Job>

<https://www.khanacademy.org/humanities/grammar/parts-of-speech-the-preposition-and-the-conjunction/introduction-to-conjunctions/v/coordinating-conjunctions-final>

<https://breakingnewsenglish.com/1801/180106-online-deliveries.html#:~:text=The%20huge%20surge%20in%20the,and%20on%20our%20road%20networks.&text=There%20are%20literally%20hundreds%20more,often%20non%2Dexistent%20parking%20spaces>

<https://breakingnewsenglish.com/1801/180106-online-deliveries-l.html>



## WEEK 3

# Looking for new job opportunities

## INTRODUCTION TO THE TOPIC

The job market can be hard to pop no matter your age or experience. Start by networking and searching online for job openings, tailoring your resume and cover letter to match what employers are seeking, and then sending in stand-out applications. The process may seem daunting, but going in with determination and a plan will carry you through until you find the perfect opportunity.

### OBJECTIVES

1. To demonstrative a clear understanding of the English language vocabulary and language in a written way for academic and professional purposes.
2. To apply the basic steps on writing a resume.

**DID YOU KNOW?**

*Merriam-Webster's Collegiate Dictionary* (11th ed.) lists the spellings in this order: "résumé" or "resume," also "resumé." (The wording indicates that the first two are equal in popularity, and the third is somewhat less common.)

<https://www.grammarphobia.com/blog/2007/06/resume.html>



Look at the following image, what it is?  
Will you need one?  
Writes down your 3 words in the space.

**PROFESSIONAL EXPERIENCE**

*DUNCAN-WERTZ REALTORS Reno, NV*

Senior Real Estate Agent March 2011 – Present

*MCCOY REALTY, LTD. Reno, NV*

Real Estate Agent October 2006 – February 2011

**TOPIC  
EXPLANATION**

**Looking for new job opportunities**

Looking and applying for new job opportunities can be a really stressful process, so you likely want to do anything you can to increase your chances of success. It starts with a good resume. Fortunately, there are steps and techniques you can use to make it stand out from the other candidates. While you might have to send out several applications before you find the right job for you, try not to lose hope because new jobs are popping up every day. With your hard work and dedication, you can get an employer's attention and secure an exciting job opportunity.

**VOCABULARY**

**Let's get familiar with some key words.**

**Word**

**Definition**

Advanced:

modern and well developed.

Basic:

simple and not complicated, so able to provide the base or starting point from which something can develop.

cover letter:

a letter that contains information about the thing it is sent with.

education:	the process of teaching or learning, especially in a school or college, or the knowledge that you get from this.
experience	(the process of getting) knowledge or skill from doing, seeing, or feeling things.
intermediate:	being between two other related things, levels, or points.
language level:	a degree or standard of something.
layout:	the way that something is arranged.
objective:	something that you plan to do or achieve.
personal reference:	a person who knows you and who is willing to write a reference for you.
professional profile:	a short description of someone's life, work, character, etc.
resume:	a summary of your personal data, your educational background and training.
skills:	an ability to do an activity or job well, especially because you have practiced it.
steps:	to move by lifting your foot and putting it down in a different place, or to put your foot on or in something.

## READING COMPREHENSION

### Online delivery drivers Read the article

A **resume** that is **appealing** to the eye is important to landing an interview and then a job. To write a **neat**, well-written resume decide on the content to include, write your resume with a professional **tone** that highlights your experience, and add some creative **flair** to help it stand out. Resumes usually list your job titles followed by explanations of your **tasks**. You can use short paragraphs or bullet points to explain experience, but you should keep the method you use consistent **throughout**. If you explain your **duties** for one job in paragraph form, all your job duties should be listed that way. Certain parts of a resume will be in **bold** or **italics** to draw attention to a job title, school, or work place. Make sure any choices you make about highlighting words are consistent. For example, say you choose to list one of your jobs like this: Server, Emma's Grill. For the **remainder** of your resume, you should have your job titles in bold and the name of your workplaces in italics. Font size and spacing should also be unified throughout. For example, you can always use size 12 font to list a job title, and size 10 for your place of work and job descriptions.

## ACTIVITY 1

### TRUE OR FALSE

1. A resume should be attractive to have a job opportunity. T/ F
2. The content of your resume is not import. T/ F
3. A resume includes job titles, experiences, and duties for a job you can do. T/ F
4. A resume has specific information to give about you. T/ F
5. A resume is presented in long paragraphs T/ F

## ACTIVITY 2

### COMPREHENSION QUESTIONS

Read the text again and answer these questions.

1-What is a resume?

2-What elements does the resume list?

3-Why do some parts of the resume should be written en bold or italics?

4-What aspects should be unified throughout the resume?

5-Why is a resume important to get a job?

## STRUCTURE

### Verb Tense Review: Be Going to

*Going to* is not a tense. It is a special structure that we use to talk about future plans or intentions.

Form	<b>Subject + to be (conjugated) + going + infinitive</b> I am going to study tomorrow.
Meaning	It refers to future events suggests a very strong association with the present.
Use	They are used to connect smaller parts of writing, such as words and phrases.

Sentences	Examples
Affirmative:	The manager is going to read my profile.
Negative_	I am not going to write a long list of tasks.
Interrogative:	Are you going to send your resume?

## ACTIVITY 3

### Sentence Completion

Complete the sentences with **BE GOING TO**.

1. Ana \_\_\_\_\_ write her resume today.(affirmative)
2. My classmates \_\_\_\_\_ study with me during this time. .(negative)
3. \_\_\_\_\_ watch the on TV? .(interrogative)
4. I \_\_\_\_\_ apply for this job position.(affirmative)
5. The company \_\_\_\_\_ publish the new job positions soon.



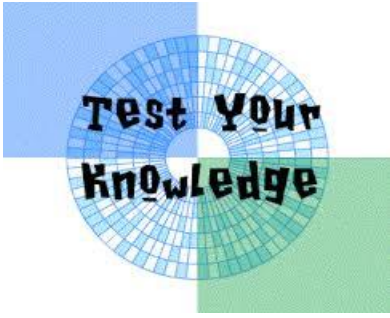
**PLANNED ACTIVITIES**

Read each question in the first column and then write a follow up question using BE GOING TO in the third column.

Example:

Are you going to...	Follow-up question	Answer
1. Study for the exam next weekend?	Where are you going to study for the exam?	I am going to study in my bedroom.

Are you going to...	Follow-up question	Answer
2. Go out for dinner this Sunday?	Where _____?	
3. Watch a movie this weekend?	What _____?	
3. meet someone after class?	Who _____?	
4. write an email today?	Why _____?	
5. have breakfast tomorrow?	What _____?	



# Final Activity for Evaluation

Write a personal resume filling in the gaps with appropriate vocabulary, grammar, and punctuation following the template. Add creativity and enthusiasm.

Your Name

Address, City, ST ZIP Code | Telephone | Email

**Objective**

To get started right away, just click any placeholder text (such as this) and start typing to replace it with your own.

**Education**

**DEGREE | DATE EARNED | SCHOOL**

**Skills & Abilities**

**COMMUNICATION**

**TECHNOLOGY**

**LEADERSHIP**

Are you president of your fraternity, head of the condo board, or a team lead for your favorite charity?

You're a natural leader—tell it like it is!

**Experience**

**ANY EXPERIENCE**

**INTERESTS**

-Include your personal and professional interests

Rubric

	3 Good	2 Regular	1 needs Improvements
Vocabulary			
Grammar			
Punctuation			
Resume Elements			
Creativity			
Total -----/15			

## GLOSSARY

## More words for your vocabulary.

### Word

### Definition

Resume:

If you resume a place or position that you have left for a period of time, you return to it.

appealing:

attractive or interesting.

neat:

mean skillful or effective.

flair:

natural ability to do something well.

tasks

a piece of work to be done, especially one done regularly, unwillingly, or with difficulty.

throughout:

in every part, or during the whole period of time.

duties:

something that you have to do because it is part of your job, or something that you feel is the right thing to do.

## CAN...

## Check your learning outcomes.

I can use the vocabulary in context.

I can write sentences using **BE GOING TO**.

I can write an effective resume.

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

<https://www.wikihow.com/Write-a-Resume-when-You-Have-No-Work-Experience>

<https://www.wikihow.com/Apply-for-a-Job>

[https://elt.oup.com/student/solutions/elementary/grammar/grammar\\_09\\_012e?cc=gt&se|language=en](https://elt.oup.com/student/solutions/elementary/grammar/grammar_09_012e?cc=gt&se|language=en)



## Week 4

### Job Interviews questions INTRODUCTION TO THE TOPIC

Job interviews are the first impression that a company gets from a potential employee. Typically an interview will determine whether you get the job. For this reason, an interview can sometimes be a stressful situation, especially if the questions that you are asked are difficult to answer. Luckily, answering tough questions on an interview merely requires some preparation and tactical thinking. If you practice commonly asked interview questions, do your research, and can think on your toes, answering difficult interview questions is easily obtainable.

#### OBJECTIVES

1. To develop a good understanding of the English vocabulary and language form related to job interview questions.
2. To commit to professional excellence and personal growth on learning English to participate in academic and professional.

**DID  
YOU  
KNOW?**

To answer tough questions in an interview, try to stay calm since the interviewer is probably looking to see how you act under pressure. Try to think of a way to tie your answer to a past experience where you did the right thing or accomplished something. Even if the question seems random or irrelevant, answer it truthfully and to the best of your ability.

<https://www.wikihow.com/Answer-Tough-Questions-in-an-Interview>



Look at the following image, what is happening?  
What questions does the interview is answering?  
Guess the correct answer for the question.

1. I am a babysitter.
2. I practice yoga.
3. I clean my house.



## TOPIC EXPLANATION

### Jobs/ Interviews questions

Managers use job interviews to assess the character of potential employees, so acing an interview can be a huge help when it comes to landing a competitive job. Because interviews are important, employers often test the interviewees with tough questions. Job interview questions can be extremely nerve wracking, especially if it is your first experience. In some situations, the interviewer might provide the questions before your interview allowing you time to prepare. This lesson will help you to practice the most common interview questions.

## VOCABULARY

Let's get familiar with some key questions.

1. What can you tell me about yourself?
2. Why should we hire you?
3. What are your strengths and weaknesses?
4. Where do you see yourself in 5 years' time?
5. Why do you want to work for this company?

## READING COMPREHENSION

### 50 candidates for best job in the world

The world will soon know who will get the “best job in the world”. The position is for a **caretaker** to live on and **look after** a tropical island off the coast of Queensland, Australia. Duties include relaxing on the island, which is part of the Great Barrier Reef, and writing a blog to promote the area. Other responsibilities are to feed the fish, clean the pool and collect the mail. The job website, islandreefjob.com, tells applicants: “There are over 1,500 species of fish living in the Great Barrier Reef. Don’t worry. You won’t need to feed them all.” The successful applicant will get a salary of nearly US\$100,000 for the six months. Officials from Queensland’s tourism department announced on Tuesday that they were now looking at 50 candidates. Unsurprisingly, over 35,000 people applied for the job.

The next stage in the selection process is to get the list of candidates down to 11. The tourism board will select ten people. Visitors to the website will choose an eleventh person. The public can look at the video applications of all 50 hopeful caretakers. The eleven lucky finalists will then fly to Hamilton Island for a formal job interview. The winner will be announced on May 6, and the job starts on July 1. The **current shortlist** of 50 includes people from 22 countries. They include dancers, chefs, scientists and students and they all want a **slice** of paradise. Queensland Tourism Minister Desley Boyle said there was much discussion to **narrow down** the list to 50. He told reporters, “it boiled down to...the motivation and professionalism of the applicants and their 'fit' with the job and Tourism Queensland”.

### ACTIVITY 1

#### TRUE OR FALSE

1. The “best job in the world” is to look after a desert island T/ F
2. One of the duties of this job is to catch and cook fish. T/ F
3. There are 15,000 species of fish living on the Great Barrier Reef T/ F
4. More than 35,000 people applied for this wonderful job. T/ F
5. Website visitors will choose a shortlist of 10 candidates. T/ F

### ACTIVITY 2

#### COMPREHENSION QUESTIONS

1. What did you think when you read the headline?  
\_\_\_\_\_.
2. What three adjectives would you use to describe tropical islands?  
\_\_\_\_\_.
3. Who would be better at doing this job, a dancer, chef, scientist or student? Why?  
\_\_\_\_\_.

## STRUCTURE

## Idiomatic Expressions

**Idiomatic expressions** are a type of informal language that have a meaning different from the meaning of the words in the expression.

Idiomatic Expressions	Meaning	Example
Learn the ropes	Become more familiar with a job or field of endeavor; be trained	<i>It will take me several months to <b>learn the ropes</b>, but I'm sure you'll be satisfied with my performance</i>
Burn the Candle at Both Ends	Work very long hours	<i>I've been working two jobs so we can buy a car, but I'm very tired. I'm <b>burning the candle at both ends</b>.</i>
Out of Work	Unemployed	<i>I've been <b>out of work</b> since December. Hope I find a new job soon!</i>
Move Up in the World	Become more successful	<i>You're driving a Lexus now. I can see you're <b>moving up in the world</b>.</i>
Off the Hook	Free from blame or responsibility to do something	<i>Jason said he'd finish the project tonight, so you're <b>off the hook</b>.</i>

## ACTIVITY 3

## MATCHING IDIOMATIC EXPRESSIONS

### COLUMN A

1. Burn the Candle at Both Ends \_\_\_\_\_
2. Move Up in the World \_\_\_\_\_
3. Learn the ropes \_\_\_\_\_
4. Off the Hook \_\_\_\_\_
5. Out of Work \_\_\_\_\_

### COLUMN B

- a) Free from blame or responsibility to do something
- b) Become more familiar with a job or field of endeavor; be trainen
- c) Unemployed
- d) Work very long hours
- e) Become more successful



**NAME SOMEONE WHO...?**

Look at the pictures expression and write a complete the sentence about someone you know who best fits the idiomatic expression.



**IS OUT OF WORK**

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.



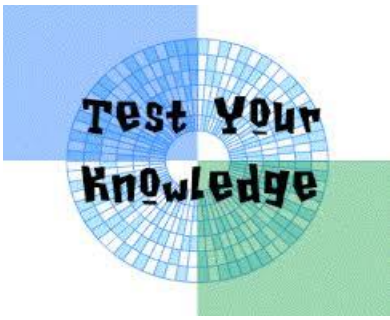
**LEARNS THE ROPES**

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.



**BURNS THE CANDLE AT BOTH ENDS**

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.



## Final Activity for Evaluation

Use a checklist to reflect on your commitment on developing an action plan for acquiring a solid practice on answering job interview questions.

### Action Plan

Actions	Descriptors		
	Where?	When?	Who?
Research for the most common questions.			
Write a journal with a question entry.			
Practice the job interview questions and answers.			

### Checklist

Task	YES	NO
1. Start researching for the most common job interview questions.		
2. Open a Word document to keep a journal with each job interview question and their answers.		
3. Ask for help to my family, friends, teachers.		
4. Practice the job interview questions and answers.		
5. Be prepared and self-motivated for the job interview.		

### Rubric

	3 Good	2 Regular	1 needs Improvements
Action plan done			
Job Interview questions with answers			
Journal entry			
Practice			
Preparation and motivation			
Total -----/15			

## GLOSSARY

More words for your vocabulary.

Word	Definition
<b>graduates:</b>	a person who has a first degree from a university or college.
<b>investment:</b>	the act of putting money, effort, time, etc. into something to make a profit or get an advantage, or the money, effort, time, etc. used to do this.
<b>disappointed:</b>	unhappy because someone or something was not as good as you hoped or expected, or because something did not happen.
<b>unwritten:</b>	An unwritten rule or law does not exist officially but people generally accept and obey it.
<b>opaque:</b>	difficult to understand or know about, especially because things have been intentionally kept secret or made complicated.
<b>against:</b>	disagreeing with a plan or activity.
<b>elite:</b>	the richest, most powerful, best-educated, or best-trained group in a society.
<b>handful:</b>	a small number of people or things.
<b>shocking:</b>	extremely bad or unpleasant, or of very low quality.
<b>skills:</b>	an ability to do an activity or job well, especially because you have practised it.

## CAN...

Check your learning outcomes.

I can use the vocabulary in context.

I can apply idiomatic expressions to convey meaning.

I can write an action plan with a checklist as a reflection.

## SUPPLEMENTARY MATERIAL

More resources for your learning.

<https://www.wikihow.com/Write-an-Affirmative-Action-Plan>

<https://www.wikihow.com/Answer-Questions-on-a-Structured-Oral-Interview#relatedwikihow>

<https://www.wikihow.com/Get-a-Job%3A-Your-Most-Common-Questions-Answered>



## Week 5

### Preparing for a job interview

#### INTRODUCTION TO THE TOPIC

Interviews are sometimes your one and only chance at making a good first impression and sell yourself as a viable candidate for a job. Spending a bit of time and effort preparing for the interview can be the deciding factor in whether or not you make it to the next round, or get the job.

#### OBJECTIVES

- 1.To determine the relevance of learning the English vocabulary and language use for academic and professional purposes.
- 2.To assess the importance of being prepared for a job interview.

**DID  
YOU  
KNOW?**

You will make an impression as a serious candidate if you come to the interview with some background knowledge about the company and the direction in which it's heading. Try to figure out the goals of the business or the organization that you are applying for a job with, getting some sense of their style and the way they situate themselves against their competitors.

<https://www.wikihow.com/Pass-a-Job-Interview>



Look at the following image, what do you think about the two women? Which one looks ready for a job interview? A or B? Write 2 sentences to explain your choice.



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## TOPIC EXPLANATION

### Preparing for a job interview

You only get one first impression, so having the perfect outfit is the key to a successful job interview. If you look the part, your employers will already be impressed, and will be more likely to see you as the right candidate for the job. The way you dress for an interview says how precise, neat, and professional you really are. If you want to dress to impress and be hired for the job of your dreams, read on.

## VOCABULARY

### Let's get familiar with some key words.

#### Word

#### Definition

Body language:

the movements or positions of your body that show other people how you are feeling, without using words.

Communication skills:

the ability to convey information and ideas effectively.

Demeanor:

a way of looking and behaving.

Dress code:

a set of rules for what you can wear.

Meeting schedule:

a list of planned activities or meetings to be done showing the times or dates when they are intended to happen or be done.

Professional language usage:

the way a particular word in a language, or a language in general, is used.

Self-image:

the way a person feels about his or her personality, achievements and value to society.

## READING COMPREHENSION

### Brown shoes could mean you fail a job interview

**Graduates** who want to be **investment** bankers in London could be **disappointed** if they wear brown shoes at a job interview. A report highlights how the investment banking industry follows old, **unwritten** rules about how bankers should behave. The study was undertaken by Britain's Social Mobility Commission. It looked at how people in job interviews were selected. Researchers found that the industry followed "relatively **opaque**" codes of conduct. They wrote: "For men, the wearing of brown shoes with a business suit is generally considered unacceptable...within investment banking."

The report suggested that working class people had to change their behavior to fit in with bankers from middle and upper classes. One new banker said: "I felt like my accent was a bit out of place, so I changed it." The study said the industry discriminated **against** those who did not go to **elite** universities. It said: "Bright, working-class kids are being systematically locked out of top jobs in investment banking because they did not attend a small **handful** of elite universities....It is **shocking**...that some...still judge candidates on whether they wear brown shoes...rather than on their **skills**."

### ACTIVITY 1

### TRUE OR FALSE

1. According to the article, wearing brown shoes with a business suit is totally not acceptable in the banking industry T/ F
2. Upper-class people also have to change the way they act to be accepted. T/ F
3. If you went to a prestigious university, you were more likely to get a job in the banking industry. T/ F
4. The report suggested that working class people had to change their behavior to fit in with bankers T/ F
5. The study said the industry discriminated **against** those who did go to **state** universities. T/ F

### ACTIVITY 2

### COMPREHENSION QUESTIONS

Briefly, summarize the content of the article in your own words.

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## STRUCTURE

## Compound Nouns

A compound noun is a noun that is made up of two or more words. Most compound nouns in English are formed by nouns modified by other nouns or adjectives.

Meaning	a noun that is made up of two or more different words, for example, "cake shop", "French fries", "high-flyer", or "schoolteacher"
Use	Compound nouns are written in the capital letter when they start the sentence otherwise written in small letter when occur anywhere in the sentence.

### Examples

**Bluebird** is a type of bird.

**Greenhouse** is a place where we grow plants.

I have to wait for bus number 12 at the **bus stop**.

## ACTIVITY 3

### Forming compound nouns

A. Choose the word that makes each of these nouns into a compound noun.

1. Fund \_\_\_\_\_ (A – driver, B – seat, C – raiser)
2. News \_\_\_\_\_ (A – paper, B – story, C – travels)
3. Sun \_\_\_\_\_ (A – day, B – glasses, C – heat)
4. Child \_\_\_\_\_ (A – hood, B – ren, C – play)
5. Door \_\_\_\_\_ (A – frame, B – handle, C – way)

B. Fill in the blanks to complete each compound noun, or with the one-word compound noun that fits best.

1. Prevent a heart \_\_\_\_\_ by eating properly and getting enough exercise.  
(A – stroke, B – attack, C – murmur)
2. Do you prefer peppermint or cinnamon flavored \_\_\_\_\_?  
(A – cookies, B – toothpaste, C – applesauce)
3. The full \_\_\_\_\_ looked enormous as it rose over the horizon.  
(A – moon, B – sun, C – sunset)
4. I'm going to the barber for a \_\_\_\_\_.  
(A – trim, B – new style, C – haircut)
5. They're digging a new swimming \_\_\_\_\_ in the park.  
(A – suit, B – pool, C – game)

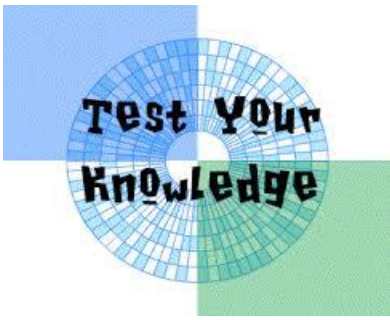


## PICK A NOUN

Pick words from the box, and add them to the provided list to form compound nouns.

road	flood	news	head	jelly	coat	dead
bow	sky	check	key	chair	lid	math
fly						

First Word	+ Second Word	Compound Noun
1. _____	+ board =	_____
2. after	+ _____	_____
3. _____	+ fish =	_____
4. _____	+ scraper =	_____
5. eye	+ _____ =	_____
6. fire	+ _____ =	_____
7. _____	+ light =	_____
8. _____	+ up = _____	_____
9. _____	+ paper =	_____
10. over	+ _____ =	_____
11. rain	+ _____ =	_____
12. _____	+ quarters =	_____
13. _____	+ lock =	_____
14. cross	+ _____ =	_____
15. wheel	+ _____ =	_____



## Final Activity for Evaluation

Prepare a 3 pages portfolio with drawings or images on the **Do's** and Don'ts of dress code and body language when having job interviews. Follow the template and be creative.

PORTFOLIO ON JOB INTERVIEWS	
<b>Do's</b> and	Don'ts

### Rubric

	3 Good	2 Regular	1 needs Improvements
Vocabulary			
Grammar			
Punctuation			
Do's and Don'ts			
Creativity			
Total -----/15			

## GLOSSARY

More words for your vocabulary.

Word	Definition
<b>Graduates:</b>	a person who has a first degree from a university or college.
<b>investment:</b>	the act of putting money, effort, time, etc. into something to make a profit or get an advantage, or the money, effort, time, etc. used to do this.
<b>disappointed:</b>	unhappy because someone or something was not as good as you hoped or expected, or because something did not happen.
<b>unwritten:</b>	An unwritten rule or law does not exist officially but people generally accept and obey it.
<b>opaque:</b>	difficult to understand or know about, especially because things have been intentionally kept secret or made complicated.
<b>against:</b>	disagreeing with a plan or activity.
<b>Elite:</b>	the richest, most powerful, best-educated, or best-trained group in a society.
<b>Handful:</b>	a small number of people or things.
<b>Shocking:</b>	extremely bad or unpleasant, or of very low quality.
<b>Skills:</b>	an ability to do an activity or job well, especially because you have practiced it.

CAN...

Check your learning outcomes.

I can use the vocabulary in context.

I can write sentences using compound nouns.

I can show understanding of the Do's and Don'ts when having a job interview.

SUPPLEMENTARY MATERIAL

More resources for your learning.

<https://www.wikihow.com/Write-a-Resume-when-You-Have-No-Work-Experience>

<https://www.wikihow.com/Apply-for-a-Job>

[https://elt.oup.com/student/solutions/elementary/grammar/grammar\\_09\\_012e?cc=gt&se|language=](https://elt.oup.com/student/solutions/elementary/grammar/grammar_09_012e?cc=gt&se|language=)



## WEEK 6

# The Use of technology for professional success

### INTRODUCTION TO THE TOPIC

People have lived a time of pandemic since March 2020. This has guided people to make changes in their daily life activities. One of these changes deals with the way of communication from face to face interaction to online communication.

### OBJECTIVES

- 1- To make written questions (advice/request) about technology for professional success.
- 2- To write simple and compound sentences expressing different functions (advice, request).

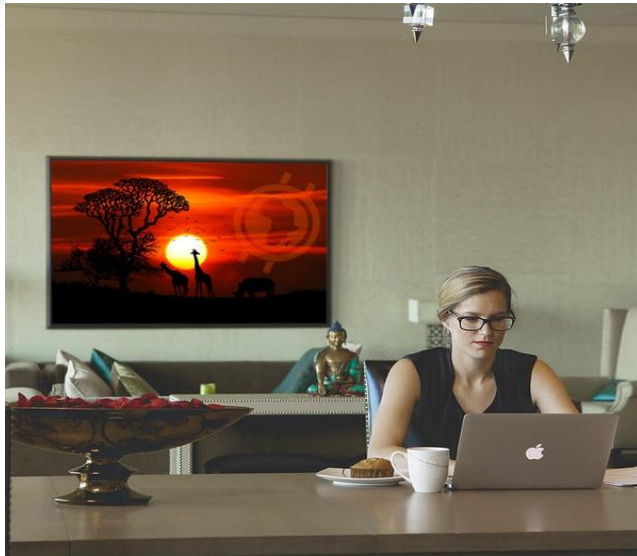
**DID  
YOU  
KNOW?**

Almost 4.57 billion people were active internet users as of April 2020, encompassing 59 percent of the global population.

<https://www.statista.com>



**Look at the following image, what is she doing?  
What is she using? Why is she using a computer?  
Writes down your ideas in the space.**



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## TOPIC EXPLANATION

## Technology and roles

Technology is the application of knowledge for practical ends. Let's see some examples of how technology has made our lives easier, faster, better and more fun.

- ✓ Today, technology is present in our **personal items**. It is possible to observe that a simple wristwatch has been transformed into a smartwatch, which is not just for timekeeping. It monitors the heart rates, your daily activities, and provides reminders throughout the day. In others words, it is a computing device.
- ✓ There are 3-D printers in **medicine**. These printers can be used to create implants and even joints to be used during surgery.
- ✓ **In education**, technology supports learning with digital tools, supporting learning 24 hours. The main purpose is to change how teachers and students gather, access, analyze, present and transmit information. Thus, technology permits people to get professional success.

### Word

computer

### Definition

an electronic machine that can store, organize and find information, do processes with numbers and other data, and control other machines

internet

an international computer network connecting other networks and computers from companies, universities, etc.

email

a way of sending messages and data to other people by means of computers connected together in a network.

Zoom meeting

a cloud-based video conferencing service. Virtually meet with others - either by video or audio-only or both, all while conducting live chats.

Google Meet

known as Google Hangouts Meet, let dozens of people join the same virtual meeting, and speak or share video with each other from anywhere with internet access.

<https://www.oxfordlearnersdictionaries.com>

<https://www.pocket-lint.com>



**Virtually meet with others, either by video or audio-only or both**

## READING COMPREHENSION

## Technology and Self-Growth



Learning is an essential part of our life and it is a long process. For that reason, you **should** learn something new every day. This is personal growth, which **could** give you better life opportunities. You began our academic formation some years ago. Since then, you have experimented and incorporated much knowledge and many technologies, during your elementary, junior high school and high school studies. For example, the traditional classrooms with backboards and shelves of books have been improved with whiteboards, computers and multimedia devices.

When education **could** incorporate technology, the concept of teaching got a new dimension. This dimension implies that it is not necessary to be in a classroom with a teacher for learning. It is possible to learn using learning tools. Some of them are computers, which permit you to search for information the using internet. As the internet is a network of global exchanges, including private, public, business, academic and government networks, people can have profound knowledge about many topics. Also, it is possible to ask for information, to clarify ideas, to share images using an email. The internet also offers the possibility of participating in video conferences. Some examples of this type of communication are Zoom and Google Meet, used for working or teaching. So, you **had better** ready for the new changes that are approaching to you. Some of you **would prefer** no more changes, but life goes beyond. Be ready to continue your self-growing.

### ACTIVITY 1

### TRUE OR FALSE

- \_\_\_\_\_ Internet is an electronic device.
- \_\_\_\_\_ Education uses technological resources for teaching.
- \_\_\_\_\_ When you write an email, you cannot send images.
- \_\_\_\_\_ Personal Growth gives people better life opportunities.
- \_\_\_\_\_ Zoom and Google Meet are platform used for video conferences.

### ACTIVITY 2

### MATCH

- |                |                                    |
|----------------|------------------------------------|
| 1- Zoom        | _____ conventional                 |
| 2- self-growth | _____ modifications                |
| 3- networks    | _____ make something better        |
| 4- Google Meet | _____ farther                      |
| 5- changes     | _____ scope                        |
| 6- traditional | _____ examine                      |
| 7- beyond      | _____ video conference platform    |
| 8- dimension   | _____ self-development             |
| 9- search      | _____ real-time meetings by Google |
| 10- improve    | _____ connections                  |

## STRUCTURE

## MODALS (SHOULD-COULD-HAD BETTER- WOULD)

A modal is a type of auxiliary (helping) verb that is used to add meaning to the verbs that follow them.

Form	Subject + Modal + Verb(original form) + Predicate
Meaning	advice, request
Use	present, future

Modal	Examples
Should (advise)	You <b>should</b> search for information using internet.
Could (suggestion)	<b>Could</b> we use the smartboard?
Had better (advise)	We <b>had better</b> watch the video to do the homework.
Would (request)	Would you <b>like to</b> have a Zoom meeting with relatives and friends?

## ACTIVITY 3

Complete the following paragraphs using words from word bank.

could (past ability)	had better	should	would	could (suggestion)
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Next week, I will have two videoconferences by Zoom and Google Meet. I do not know much about them. One of my friends said to me "You \_\_\_\_\_ download the software first". When I heard the word "software", I did not understand what it meant. So, I turned on the computer, and I searched some information in internet. My friend saw what I was doing he told me that I \_\_\_\_\_ visit some sites like Youtube.

Yesterday, you typed some words in Word. \_\_\_\_\_ you do it very fast?

You \_\_\_\_\_ stop using that computer or you will lose the changes in the document. For that reason, I \_\_\_\_\_(ask)a new computer at the computer lab.



# WORD SEARCH

Find the following words

scope	email	conventional	networks	Google
Self-growth	search	farther	Zoom	changes

q	e	a	v	y	l	o	p	a	z	x
s	c	o	p	e	t	i	i	f	o	p
e	e	c	h	l	g	f	a	t	r	h
l	i	a	d	a	v	b	f	m	e	r
f	h	a	r	o	e	n	v	i	e	n
g	r	r	a	c	g	l	b	h	s	e
r	w	t	t	a	h	k	t	a	c	c
o	g	n	d	y	b	r	c	m	d	a
w	o	m	c	h	a	n	g	e	s	v
t	o	d	o	f	n	e	m	d	i	b
h	g	b	n	k	l	t	e	o	y	y
x	a	t	v	i	m	w	e	a	q	e
y	d	i	e	m	z	o	o	m	a	t
q	i	g	n	d	d	r	v	d	i	y
m	j	o	t	i	f	k	x	s	o	a
r	l	p	i	d	w	s	s	i	v	s
e	r	g	o	o	g	l	e	v	t	m
p	q	r	n	l	d	e	q	b	r	s
f	a	k	a	e	a	g	p	a	d	o
g	g	o	l	a	w	b	o	m	i	q

Complete these sentences with some words found.

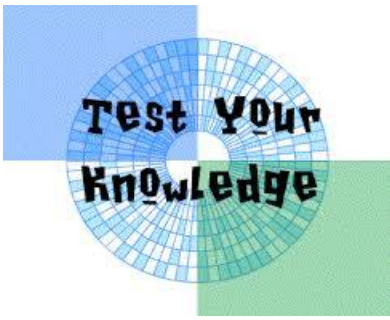
\_\_\_\_\_ is one of the famous platforms because it gives free email.

Did you receive the \_\_\_\_\_?

The documents need some \_\_\_\_\_. For example, color and size.

I like to read because \_\_\_\_\_ is important for my future life.

Please, \_\_\_\_\_ about these video conference platforms.



## Final Activity for Evaluation

Read the following details, complete the following similarity paragraph. **Add your own sentence** at the end of the paragraph as a conclusion.

Be creative, add an image or draw an image, which illustrates the following paragraph.

Zoom	Google Meet
Video conference platform	Video conference platform
Share screen	Share screen
Have breakout rooms	Have breakout rooms
Support call-ins	Support call-ins
Available for Android and iOS	Available for Android and iOS

### Zoom and Google Meet

Zoom and Google Meet have some similarities. One of these \_\_\_\_\_ is that they \_\_\_\_\_(have-has) collaboration \_\_\_\_\_. People who \_\_\_\_\_(participate-participates) in a meeting \_\_\_\_\_(can-could) share \_\_\_\_\_. Another similarity is that \_\_\_\_\_ and \_\_\_\_\_ have \_\_\_\_\_ (screens-breakouts) rooms. People can work in pairs or in groups. The last similarity \_\_\_\_\_ (be) that they \_\_\_\_\_(is-are) available for \_\_\_\_\_ and iOS. Finally,

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Rubric			
Grammar	1	2	3
Vocabulary	1	2	3
Add his-her sentence	1	2	3
Image	1	2	3
Creativity	1	2	3

## GLOSSARY

## More words for your vocabulary.

Word	Definition
beyond	on or to the further side of something
device	an object or a piece of equipment that has been designed to do a particular job
improve	to become better than before; to make something/somebody better than before
network	a closely connected group of people, companies, etc. that exchange information
search	an act or the activity of looking for information on a computer or on the internet

<https://www.oxfordlearnersdictionaries.com>

## CAN...

## Check your learning outcomes.

I can define the role of technology in self-growth.

I can mention some similarities between Zoom and Google Meet.

I can give use modals to give an advise, a suggestion or a request.

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

<https://www.youtube.com/watch?v=84jVz0D-KkY>

<https://www.oxfordlearnersdictionaries.com>

<https://www.curso-ingles.com/aprender/cursos/nivel-basico/verbs/modal-verbs>

[https://www.youtube.com/watch?v=3lI3R9\\_Z1HY](https://www.youtube.com/watch?v=3lI3R9_Z1HY)



## WEEK 7

# THE USE OF TECHNOLOGY FOR PROFESSIONAL SUCCESS IN TIMES OF PANDEMIC.

## INTRODUCTION TO THE TOPIC

Technology has become one of the most important tools to face people's responsibilities in times of Pandemic. Some workers have the possibility of working from home. Before times of Pandemic, it was developed by some workers, today is new a tendency.

## OBJECTIVES

1. To use vocabulary and language related to telecommuting/teleworking.
2. To read a short text and gives the main idea and the secondary ideas

**DID  
YOU  
KNOW?**

**By the end of  
March, ZOOM  
had reached 200  
million daily  
users, up 1,900%  
from its previous  
best of 10 m  
[www.forbes.com](http://www.forbes.com)**



Look at the image and write down your ideas.

Why do they wear mask? Why are they separated?

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## TOPIC EXPLANATION

### Times of Pandemic

On March 11, 2020, World Health Organization, (WHO) confirmed Coronavirus as pandemic. After this announcement, it was necessary to make certain changes in people's life styles. Some activities could not continue doing in the same form because the virus is thought to spread mainly from person-to-person. For this reason, it was necessary to establish certain sanitary codes. Some example are

- Wash your hands often
- Cover coughs and sneezes
- Clean and disinfect
- Avoid close contact

About the last one, avoid close contact, people could not go their jobs and do their tasks. There was a campaign, whose slogan was "stay safe, stay home". For that reason, telecommuting or teleworking was considered as the best option to continue helping with economy. Since March, there are millions of helping doing their jobs from home with the same level of productivity.

## VOCABULARY

### KEY WORDS FOR YOUR VOCABULARY

Word	Definition
Dismiss (formal) (verb)	to officially remove somebody from their job.
Fire (informal) (verb)	Informal way, to express that somebody is removed from their job.
Freelance	earning money by selling your work or services to several different organizations rather than being employed by one particular organization.
Telecommuting	the practice of working from home, making use of the internet, email and phone
Teleworking	the practice of working from home, making use of the internet, email and phone

<https://www.oxfordlearnersdictionaries.com>

## READING COMPREHENSION

### Telecommuting or Teleworking

#### Telecommuting

Teleworking **is defined** as remote work or work from home, during which the employee is working away from the primary place of work (office), usually at their home.

To work from home, it is necessary that **the employees must follow certain rules:**

- 1- to perform additional tasks assigned to the workers outside their usual work roles, during an event of an emergency.
- 2- To think up a daily routine, keep hours consistent, eliminate any potential distractions and leave communication channels open (phone, emails, cellphones, video conference (Zoom, Google Meet, Jitsi Meet, Teams)).
- 3- To take care for kids, or dependent elderly, while teleworking is not realistic. The teleworkers should assume that a space at home is the office, and **it is not allowed** to do a task that is not related to his-her functions.
- 4- To work in teams. When **people work in teams**, the job is easier.



There is a **fact** or truth, which worries to many people. There are jobs, which cannot **be developed** by teleworking. For that reason, some workers may lose their jobs or **may be dismissed**. When they lose their jobs, they search for other options of job. One of them is **freelance**.

## ACTIVITY 1

Select the best answer for the definition.

Teleworking is	a- to work at office	b- to work at home	c- to work at company
To dismiss is	a- to be freelance	b- to work	c- to fire
To think up is	a- to devise	b- to work	c- to dismiss
To follow is	a- to lose	b- to search	c- to obey
To take care of is	a- to work	b- to tend	c- to dismiss

## ACTIVITY 2

a-Select what is the main idea of the reading

- a When people do teleworking, they can combine their personal duties with their professional duties.
- b When people do teleworking, they do not need to report what they have done while they work at home.
- c When people do teleworking, they must obey some norms that the company sets up.

## ACTIVITY 2

b- Answer True or False.

- \_\_\_\_\_ When people are in video conference, they only use Google Meet.
- \_\_\_\_\_ To follow norms is one of the most important requirements when people work at home.
- \_\_\_\_\_ Teleworkers only use the cellphone to ask for and to give information.
- \_\_\_\_\_ Freelance means that you can work with different organizations.
- \_\_\_\_\_ The verb "fire" is an informal way of saying that a person loses her-his jobs.

## ACTIVITY 2

c-Answer the following question

What is the most important requirement for developing teleworking?

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# STRUCTURE

## PASSIVE VOICE (FORM, MEANING AND USE)

Form	Subject + Verb be (am-is-are) + Verb (past participle) + Predicate.
Meaning	Active voice means that a sentence has a subject that acts upon its verb. <b>Passive voice means that a subject is a recipient of a verb's action.</b>
Use	descriptive texts like reports or description of a process.

Examples:

The teleworker <b>sends</b> the email. (active voice)	The email <b>is sent</b> by the teleworker.
The team worker <b>writes</b> the report.	The report <b>is written</b> by him.
They follow some rules at home.	Some rules are followed by them.

# ACTIVITY 3

**Make some sentences in passive voice, describing the table of information.**

Example: Rosa's task: to get the documents.

Passive voice: **The documents are gotten by Rosa**

Rose's tasks	Jeremy's tasks
✓ to send three emails	✓ to prepare the meeting report.
✓ to get the image of the product	✓ to select the product
✓ to make the project.	✓ to propose three solutions
1- _____	1- _____
2- _____	2- _____
3- _____	3- _____



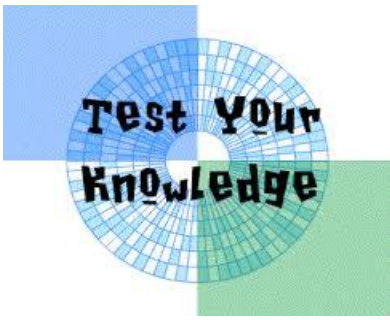
Complete the following ideas with words from the word chart, and use **the first letter** of the word to find a hidden word.

Available	Beyond	Computer	Dismiss	Email	Fire
Google	Home	Intranet	Job	Know	Listen
Massive	News	Opportunity	Pandemics	Quarantine	Remote
Search	Technology	Useful	Vacant	Worker	X-ray
Yo-yo	Zoom				

Computer is one example of ...		
Rosa sends an ...		
Rosa's boss says "... " and "write these tasks		
Rosa and Jeremy are ... of that company		
My ... is broken and I need a new one.		
I have an ... for working with this company.		
It is possible to send ... emails		
Jeremy has some ... doubts about the products.		
There are some ... strategies to follow if the worker is doing teleworking.		
I always read ... before working		
I have problems with the ... because I cannot share the information.		
What do you know about ...?		
...is a system that connects the computers.		
I have a good ... for him. He won't be dismissed.		
This is a search machine and started in 1996.		

**THE HIDDEN WORD IS**

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## Final Evaluation Activity

**Survey about how telecommuting/teleworking has been developed in Panama since March 2020.**

To survey is to gather information about a topic. To do it, follow the following process of four steps:

- ✓ Step one: read the survey. It has 3 questions.
- ✓ Step two: make these questions to 10 people. Observation: you can interview people in your family context, make phone calls to your friends, relatives, send a what's App message or an email.
- ✓ Step three: tally the results

How many "yes"

How many "no"

- ✓ Step four: analyze the data and present the results

Objectives: to know how many people are doing teleworking in your context.

### Survey

Questions	YES	NO
Do you have a job?		
Do you continue going to your work?		
Do you do teleworking?		

### Report

I live in \_\_\_\_\_ Province \_\_\_\_\_

I surveyed about \_\_\_\_\_

I interviewed \_\_\_\_\_ people.

The results were the following:

Quantity of people who do teleworking in my context	
YES	NO
It is a fact that _____	

Observation: present your results in percentages.

Rubric			
Criteria	1	2	3
Followed steps			
Completed the report			
Wrote the fact			
Evidence (data-results)			

## GLOSSARY

## More words for your vocabulary

Word	Definition
distraction	a thing that takes your attention away from what you are doing or thinking about
elderly	people who are old
employee	a person who is paid to work for somebody.
function	a special activity or purpose of a person or thing
opportunity	a time when a particular situation makes it possible to do or achieve something
perform	to do something, such as a piece of work, task or duty
realistic	sensible and appropriate; possible to achieve

<https://www.oxfordlearnersdictionaries.com>

## I CAN...

## Check your learning outcomes.

- I can give the main idea about a given reading.
- I can describe ideas using the passive voice.
- I can survey and report information.

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

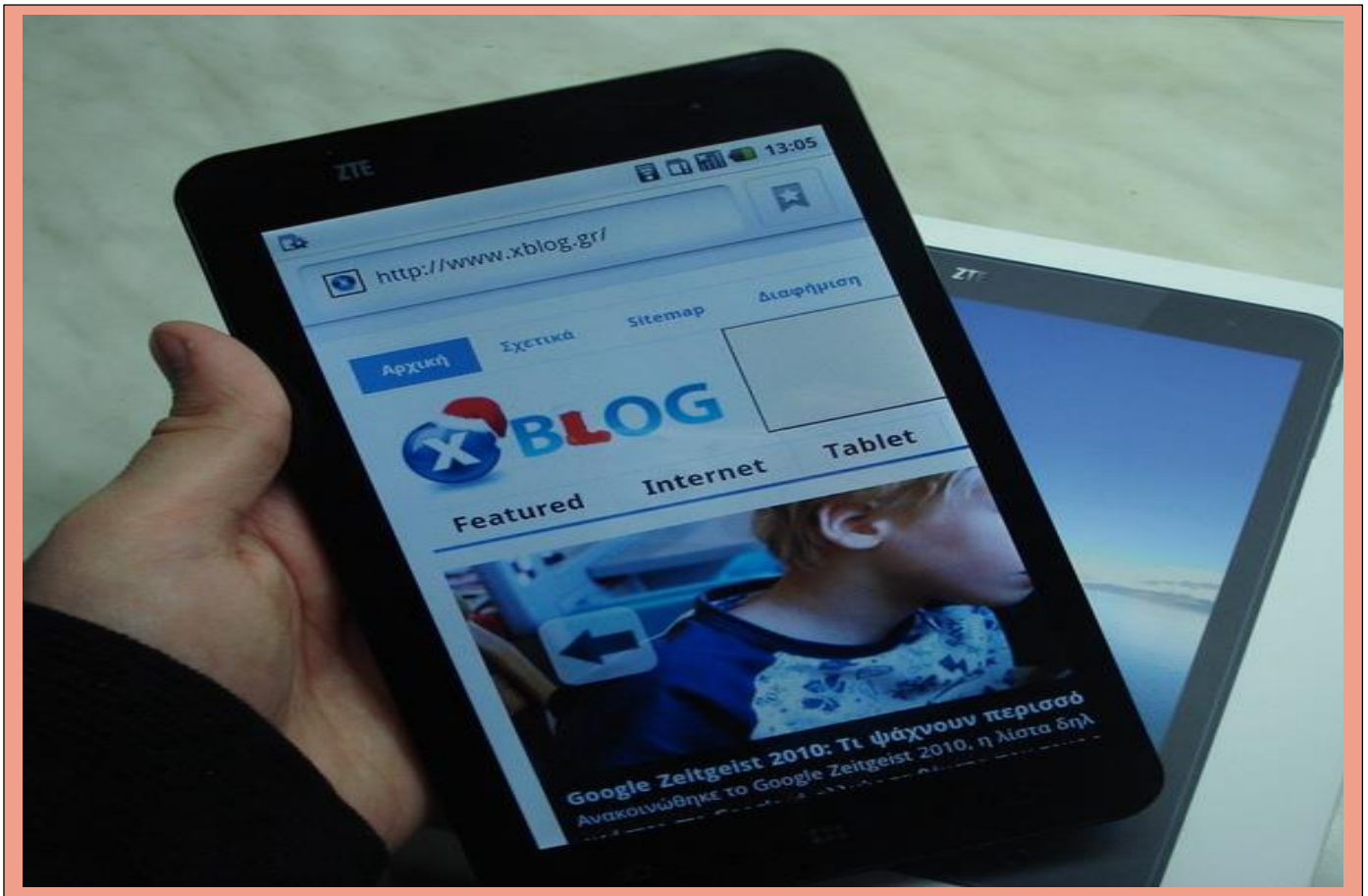
<https://www.wordreference.com/es/en/translation.asp>

<https://www.grammarly.com/blog/active-vs-passive-voice>

<https://www.espressoenglish.net/passive-voice-examples-exercises-present-past>

<https://www.youtube.com/watch?v=nRGLDD0BBdc>

<https://www.youtube.com/watch?v=84jVz0D-KkY>



## WEEK 8

### TECHNOLOGY DEVICES FOR COMMUNICATION AMONG FAMILIES AND FRIENDS DURING THE COVID-19 LOCKDOWN INTRODUCTION TO THE TOPIC

Families have had to make certain changes in the way that communicate with their family members and friends because all the members should be at home as a sanitation measure to control the virus spread.

#### OBJECTIVES:

- 1- To use vocabulary and language related to technology devices for communication.
- 2- To distinguish facts from opinions.

**DID  
YOU  
KNOW?**

The volume of phone calls has surged more than internet use as people want to hear each other's voices in the pandemic.

<https://www.nytimes.com>



Look at these images. Which one is familiar for you? Why? Put a check.



## TOPIC EXPLANATION

## Family and Communication in times of Pandemic

The concept of communication-based on the frame face-to-face interaction has been transformed into voice messages, video calls using WhatsApp or FaceTime after March 2020.

To be with family members all the time and not having the opportunity of face-to-face interactions outside the family context has become one of the most stressful factors that people have suffered due to the pandemic. To handle this stressful situation, families have used some technological resources as a way of keeping in touch with their beloved ones.

Some of the most common technological devices at home are cellphones, smartphones, tablets, iPods, among others. Adults, elderlies, teens, and kids use these resources. These resources may have some characteristics like the following:

- ✓ A great camera
- ✓ a sound processor and speakers
- ✓ YouTube video player.
- ✓ One forward-facing and one rear-facing camera.
- ✓ . Multiple windows

When it is time to be in contact with others, especially the family members with who you have not seen for months, any of these devices becomes one of the most powerful in terms of communication.

## VOCABULARY

Let's see some key words.

Word	Definition
cellphone	a phone that does not have wires and works by radio, and that you can carry with you and use anywhere
iPod	a brand of MP3 player that can store information taken from the internet and that you carry with you, for example so that you can listen to music
Padlet	an application to create an online bulletin board that you can use to display information for any topic.
smartphones	a mobile phone that also has some of the functions of a computer, for example the facility to use apps and the internet
Tablet	a small computer that is easy to carry, with a large touch screen and usually without a physical keyboard

<https://www.oxfordlearnersdictionaries.com>

## READING COMPREHENSION

Read the following text and take notes about meaningful details.

### What is better? A tablet or a smartphone



Smartphones and tables are the most used devices for communication among family and friends in this time. Do they know some characteristics? Maybe, they do or they do not.

What about those people who have a tablet. Let's see some important details between them and take a decision about which one is better.



Characteristics	Smartphone	Tablet
Connectivity	WiFi/3G	Some have may have WiFi/3G
Location	everywhere	At home
use	Entertainment platform	Communication device
size	Smaller (4 inch screen)	Bigger (7 inch screen)
communication	Call and Short Message Service	Don't have Short Message Service

It is a **fact** that both are **similar** because they share some characteristics. For example, they are devices that people use for entertainment (games). However, some features make them different. Tablets are **different from** smartphones in size.

For these reasons, some people **believe** that buyers should ask for information when they buy a new device. They look **alike**, but they are not.

**ACTIVITY 1** **Answer True or False**

	Tablets and smartphones are the same.
	The tablet is bigger than a smartphone.
	A tablet has the same functions that a computer.
	It is possible to make calls using a tablet if you use internet.
	A smartphone cannot send messages.
	People use the tablet for entertainment.
	Smartphones are bigger than a tablet.
	Most of time people use tablets at home.
	The screen of a smartphone measures 20 inches.
	Tablets and smartphones are the hottest gadgets.

**ACTIVITY 2** **a-Match the word with the question. Use the dictionary to check meaning.**

**Match**

- |                        |   |
|------------------------|---|
| 1- Connectivity        | ___ Why did you buy a cell phone?                         |
| 2- bigger              | ___ What do you need to send much bigger files?           |
| 3- portability         | ___ Where can I buy a new cell phone?                     |
| 4- devices             | ___ What does it mean?                                    |
| 5- location            | ___ What model do you prefer? Smaller or ....             |
| 6- better              | ___ Do you always carry your phone?                       |
| 7- ask for information | ___ Did you receive the email? No, I did not. No internet |
| 8- communication       | ___ Where do you have your tablet?                        |
| 9- SMS                 | ___ What is ___ for this device?                          |
| 10-3G                  | ___ When do you get the iPod and the computer?            |

**ACTIVITY 2** **b- Look at the images and writes down details about similarities and differences. Write sentences that express a fact and an opinion.**



Fact: is known to be true  
 Opinion: feelings or thoughts

Similarities	Differences
<b>It is a fact that</b>	
<b>I consider that</b>	

## STRUCTURE

## THE SAME-SIMILAR TO-LIKE-DIFFERENT FROM-ALIKE (FORM, MEANING AND USE)

the same	To show that two things are identical
Similar and like	To show that two things share some quality but not necessarily identical
alike	As an adjective means the same or similar
different from	To show that two things are different.

Examples:

- ✓ Your cellphone and mine are **the same**. They have the same characteristics.
- ✓ The Samsung A10 and the Samsung A20 are **similar**. They share some characteristics.
- ✓ Tablets are **different from** smartphones.
- ✓ The ideas in this short message are **alike**.

## ACTIVITY 3

LOOK AT THE IMAGES AND WRITE SENTENCES EXPRESSING SIMILARITIES AND DIFFERENCES.



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Look at and find the differences.

<https://www.freepik.es>



FIND  
**5**  
DIFFERENCES

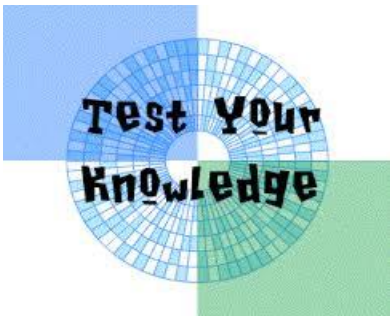


Report the five differences

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## Final Activity for Evaluation

Write a short opinion paragraph (15 sentences) using adjectives denoting opinion.

Here is a guide: how to write an opinion paragraph:

Write **your opinion** in the topic of sentence clearly. This is your first sentence.

Example: According to my experience, technology has been important for families for two reasons.

Explain each reason in logical order. (sequence of ideas)

Use **facts** to support each reason. (mention 2 facts-use examples)

Finish your paragraph with a concluding sentence at the end.

Topic: The importance of technology in times of Pandemic.

Criteria			
Topic Sentence	1	2	3
Two supporting points (2 reasons-example)	1	2	3
Concluding sentence	1	2	3
Grammar	1	2	3
Mechanics (spelling-punctuation)	1	2	3

## GLOSSARY

### More words for your vocabulary

Word	Definition
connectivity	the ability of systems, platforms and applications to be connected to each other
entertainment	films, music, etc. used to entertain people; an example of this radio, television and other forms of entertainment
fact	a thing that is known to be true, especially when it can be proved
opinion	our feelings or thoughts about somebody/something, rather than a fact
WiFi	a system for connecting to the internet or sending data over computer networks using radio waves instead of wires

## I CAN...

### Check your learning outcomes.

- I can make sentences comparing objects and contrasting them.
- I can distinguish between facts and opinions.
- I can write a short opinion paragraph.

## SUPPLEMENTARY MATERIAL

### More resources for your learning.

<https://www.oxfordlearnersdictionaries.com/definition/english/wi-fitm?q=WiFi>

<https://writerriver.com/what-is-an-opinion-paragraph-definition-example>

<https://www.youtube.com/watch?v=G5QudhJ09xE>

<https://www.youtube.com/watch?v=m-P6seoX2B4>



## WEEK 9

# TECHNOLOGY PLATFORMS, APPS AND THEIR INFLUENCE IN EDUCATION AND IN HUMAN LIFE DURING THE COVID-19 PANDEMIC.

## INTRODUCTION TO THE TOPIC

One of the sanitary measures to stop spreading the virus is to be at home. For this reason, some daily life activities are affected, especially education: students cannot attend their daily classes.

## OBJECTIVES

1. To use vocabulary and language related to technology platforms.
2. To compare and contrast technology platforms.

### DID YOU KNOW?

Over 850 million children and youth – roughly half of the world's student population – had to stay away from schools and universities due to the COVID-19.

<https://en.unesco.org>



## Are these images familiar for you?



Answer

these questions

- Where are they?
- What are they doing?
- Are you at school now?
- Why aren't you at school?

## TOPIC EXPLANATION

## Education in Times of Pandemic

On March 19, 2020, UNESCO sent a clear message worldwide: people were facing one of the most harmful situations in their lives, but they could not stop developing the social and economic development in their countries. For that reason, UNESCO recommended setting up a global coalition to accelerate the deployment of remote learning solutions in all areas, especially education.

Ministry of Education, Panama, accepted the challenge and prepared an action to emigrate from synchronic classes to synchronic classes. To do it was necessary to use **platforms** that allow teachers to guide learning using technology. Some of these available platforms are Moodle, Microsoft Teams, Google Classroom, WhatsApp, and Zoom.

Since July 2020, many Panamanian students will be experimenting a new scope: remote learning.

## VOCABULARY

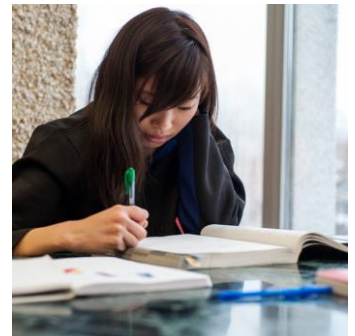
### Let's see some key words

word	definition
Google Meet	Google Meet, also known as Google Hangouts Meet, is built to let dozens of people join the same virtual meeting, and speak or share video with each other from anywhere with internet access.
Moodle	Moodle is an acronym for "Modular Object-Oriented Dynamic Learning Environment." a brand name for a computer system for creating and sharing educational materials online.
Microsoft Teams	Microsoft Teams is the hub for team collaboration in Microsoft 365 that integrates the people, content, and tools.
WhatsApp	American freeware, cross-platform messaging and Voice over IP (VoIP) service owned by Facebook, Inc. It allows users to send text messages and voice messages, make voice and video calls, and share images, documents, user locations, and other media
Zoom	Videoconferencing software program developed by Zoom Video Communications. It provides a video chatting service that allows up to 100 devices at once for free, albeit with a 40-minute time restriction for free accounts <a href="https://en.wikipedia.org/wiki">https://en.wikipedia.org/wiki</a>

## READING COMPREHENSION

### Asynchronous and Synchronous Classes

Remote learning provides an opportunity for students and teachers to remain connected and engaged with the content while working from their homes. Opportunities for remote learning are typically linked to emergency situations that pose a threat to student safety. In the case of Panama, this is a new scope and may pose a challenge to both teacher and learner. For that reason, Panama has a strategy, which will be implemented from July 20, 2020.



The strategy sets up students will have classes every day. Teachers will define a set period throughout the day when they will be available to students to respond promptly to any needs about homework, practices, projects using the **asynchronous form**. Sometimes, teachers will want to connect in **real-time, or synchronously**, with a student or groups of students. These types of connections can be done through videoconferencing, through chat, or by phone. Apps such as Google Meet, Skype or What's App, can be used to provide these synchronous connections.

## ACTIVITY 1

## SELECT THE BEST ANSWER

Google Meet is	a- an Apps	b- a search engine	c- a team
Asynchronous means	a- face-to-face interactions	b- action plan	c- not existing or happening at the same time
Synonym of opportunity	a- strategy	b- chance	c- connection
Synchronous means	a- not existing or happening at the same time	b- Face-to-face interaction	c- an issue
A chat is	a- action Plan	b- To talk in a friendly way with someone	c- to exchange messages with somebody on the internet,

## ACTIVITY 2

### a- ANSWER TRUE or FALSE

- \_\_\_\_\_ Panama has a strategy for education due to Pandemic.
- \_\_\_\_\_ Students will have the opportunity of having face-to-face interactions and distance learning.
- \_\_\_\_\_ Teachers can communicate using WhatsApp with the students.
- \_\_\_\_\_ Learning remote is not one of the consequences of the COVID-19.
- \_\_\_\_\_ Panamanian teachers and students have used remote learning previously.

## ACTIVITY 2

### b- Complete this chart with information from your context.

Name of your high school	
How many asynchronous classes do you have?	
How many synchronous classes do you have?	
Do you like this change?	
Write your opinion about this new change.	

**STRUCTURE****Simple Present**

Form	Subject + Verb + Predicate
Meaning	To express a habit or a general truth
Use	With adverbs of time expressing always, usually, often, sometimes, never
Questions	Do (I, you, we, they)      Does (she, he, it)

Examples:

Panama **has** a new education strategy due to the COVID 19.

**Does** Panama **have** a new education strategy?

Panama students receive classes using remote learning.

**Do** they receive classes using remote learning?

**ACTIVITY 3**

**a- Complete the following sentences using the simple present tense.**

- 1- Panama always \_\_\_\_\_ (accept) challenges. The new challenge \_\_\_\_\_ (be) about education.
- 2- I \_\_\_\_\_(be) a Panamanian student. I \_\_\_\_\_ (study) at \_\_\_\_\_ (name of the high school)
- 3- \_\_\_\_\_ you \_\_\_\_\_ (have) synchronous classes?
- 4- Teacher Mario \_\_\_\_\_ (have) his classes on Mondays, and Teacher Margarita \_\_\_\_\_(have) classes on Fridays.
- 5- Some Apps \_\_\_\_\_ (be) Zoom and Google Meet. We \_\_\_\_\_ (use) one of them.

**ACTIVITY 3**

**b- Describes two actions that your teacher does in the synchronous Class.**

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---



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Do you recognize these symbols?

Match symbol and concept

ZOOM

MS Team



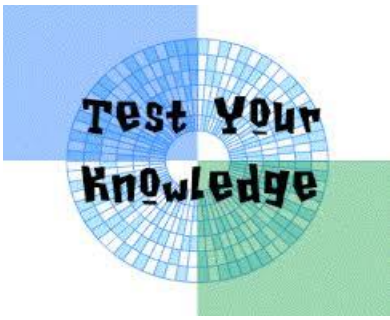
Moodle

Google Meet



WhatsApp

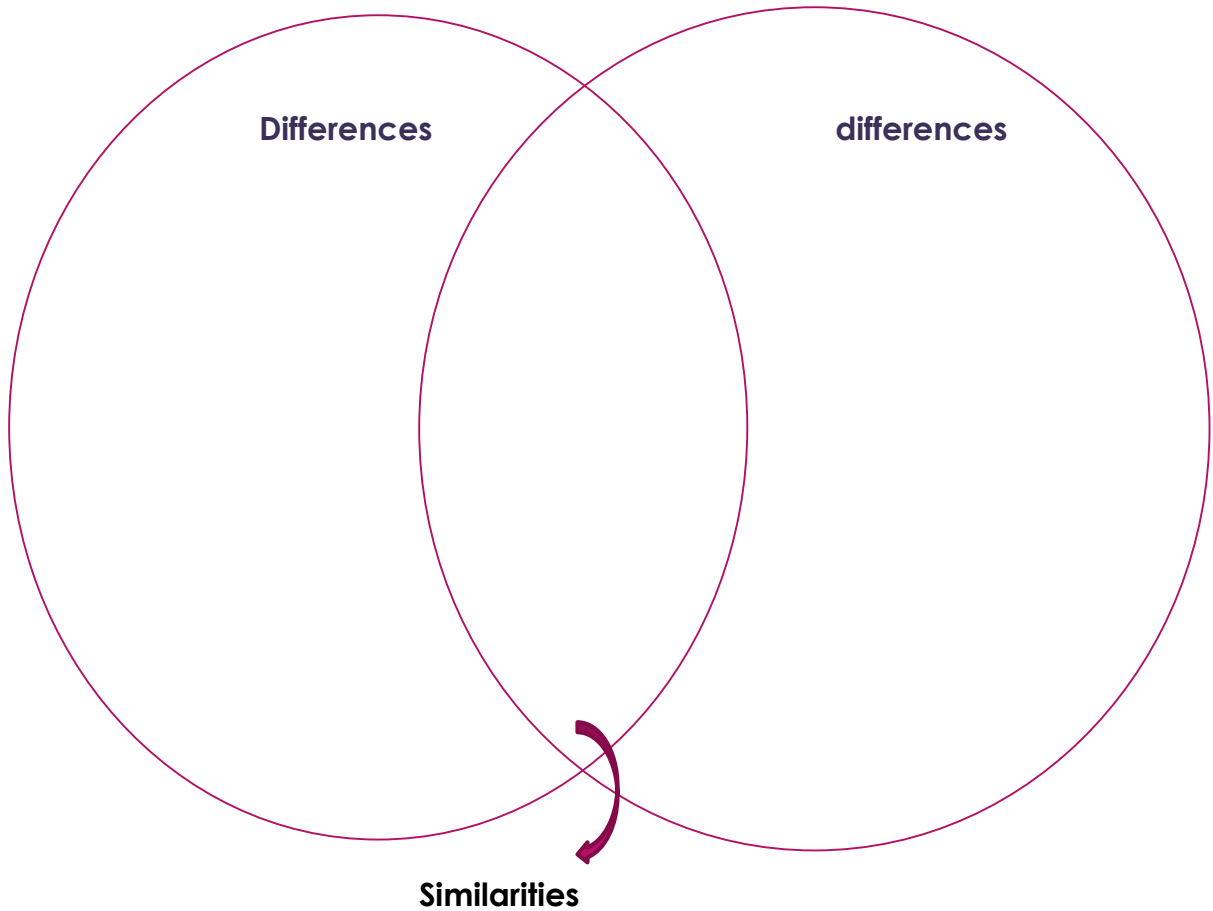




## Final Activity for Evaluation

Review your notes about the reading and review the vocabulary. Use the following Venn Diagram to show similarities and differences between Microsoft Team and Zoom.

The Venn Diagram is used to identify similarities and differences.



Write down your notes:	
similarities	differences

## GLOSSARY

## More words for your vocabulary

Word	Definition
Asynchronous	not existing or happening at the same time
freeware	computer software that is offered free for anyone to use
hub	the central and most important part of a particular place or activity
tool	a thing that helps you to do your job or to achieve something
synchronous	happening or existing at the same time
virtual	made to appear to exist by the use of computer software, for example on the internet

<https://www.oxfordlearnersdictionaries.com>

## I CAN...

## Check your learning outcomes.

I can identify Apps for education.

I can describe situations that happens every day or express a general truth.

I can compare and contrast ideas using a graphic organizer.

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

<https://en.wikipedia.org/wiki>

<https://www.youtube.com/watch?v=AnrvGwUNdHA>

<https://www.youtube.com/watch?v=L9AWrJnhsRI>

<https://www.oxfordlearnersdictionaries.com>

<http://www.aprenderinglesfacil.es>



## WEEK 10 EFFECTS AND MEASURE TO PROTECT THE PLANET DURING THE COVID-19 OUTBREAK.

### INTRODUCTION TO THE TOPIC

Pandemic has affected worldwide since March, but it has represented a good opportunity for the environment, which has been affected by global warming.

#### OBJECTIVES:

- 1- To use vocabulary and language related to global warming effects and measures.

**DID  
YOU  
KNOW?**

**10 million  
metric tons less  
CO2 emitted  
from aviation  
as a  
consequence  
of the COVID-  
19 Ou**

<https://www.bloomberg.com>



Have you seen these scenes in your context?



Write your own ideas

---

---

## TOPIC EXPLANATION

### Global Warming and Pandemic

Every year it is very common to listen or to watch news commenting about the flood, low water level in the rivers, droughts, among others. All these events have a source, and this is called global warming. It is a phenomenon of increasing average air temperature near the surface of Earth over the past one to two centuries. According to certain studies, this phenomenon brings consequences in some areas: economy, environment, and health to mention some.

In the case of environment, some environmental groups have made awareness campaigns to stop environmental damages. Suddenly, a sanitary emergency began, the COVID-19 emergency, affecting the lives of people around the world. One of the ways of mitigating the virus is being at home and do not go working, which has a sudden reduction in economic activity globally. Such a measure has constituted a problem for societies, but a great help for the environment because emissions haven fallen.

This aspect is something is positive, but this event, Pandemic, has guided scientists to evaluate what other problems might appear due to Pandemics.

## VOCABULARY

Let's see some key word.

Word	Definition
biodiversity	the existence of a large number of different kinds of animals and plants which make a balanced environment
diseases	an illness affecting humans, animals or plants, often caused by infection
environment	the natural world in which people, animals and plants live
Global Warming	a phenomenon of increasing average air temperature near the surface of Earth
harmful	causing damage or injury to somebody/something, especially to a person's health or to the environment
pathogens	a thing that causes disease

<https://www.oxfordlearnersdictionaries.com>

## READING COMPREHENSION

Is there any relationship between climate change and biodiversity loss with pandemics?



Researches **continue looking for** the main factor, which triggered the current outbreak. They have a hypothesis: the virus passed from bats to humans through an unknown intermediary animal, possibly a pangolin. With this hypothesis, **they want to call people's attention** to the following aspect: human activities, like industry activities, increase the temperature level. As the temperature level increases, animals move from their environment looking for better conditions. This movement **allows** humans **to get into** contact with other animals they normally would not. When this takes place, something might happen: animals pass harmful pathogens to human beings. This process is called "zoonosis".

Some example of zoonosis are Ebola in Africa, Marburg in Europe (and subsequently in Africa), Hendra virus in Australia and severe acute respiratory syndrome (SARS) coronavirus and Nipah virus in east Asia. The current Covid-19 pandemic was likely caused by this process.

Zoonosis might happen in the following cases: directly through animal bites, the consumption of raw or undercooked animal meat or products such as milk, or through contaminated water or indirectly if humans come into contact with a surface that has been contaminated by an infected animal. Both wild animals and livestock can pass on disease.

For this reason, scientists recommend being careful with our actions personally and globally and avoid doing actions, which might be a threat for you and all of us. Don't **forget to think** about this vent that we are living right now, pandemics. It is sending us a message: you are receiving a payment for your action into the environment, which **demanding changing** in the process.

## ACTIVITY 1

Read the following ideas and put a check to the main idea of the reading.

	There is a hypothesis that pandemics emerged due to zoonosis.
	Pandemics emerged due to zoonosis.
	Climate Change is the principal cause of pandemics.

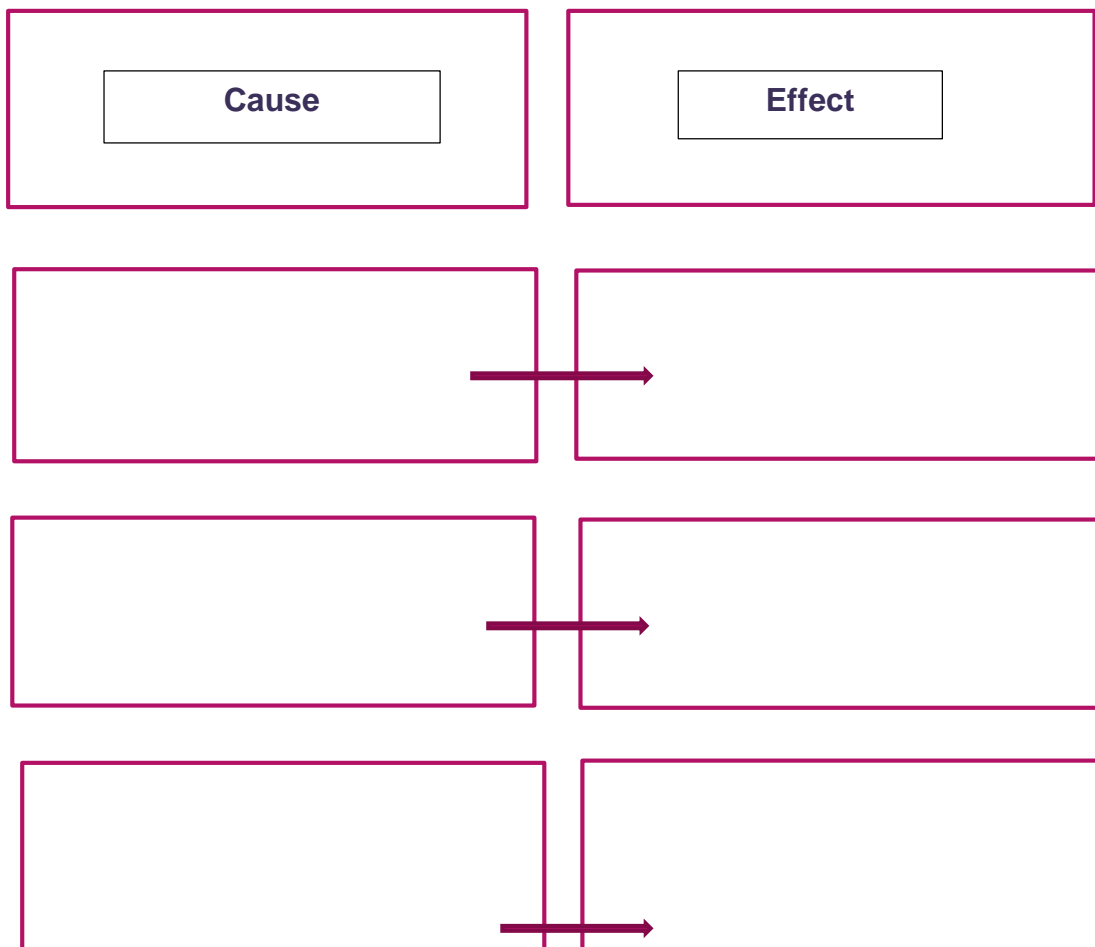
## ACTIVITY 2

a. Identify the supplementary ideas of the reading. Put a check.

1	Zoonosis is a possible cause for COVID 19.
2	Researchers do not believe in zoonosis.
3	There are two ways of spreading a virus or bacteria.
4	People should continue eating exotic meat.
5	Some illnesses have emerged due to zoonosis.

## ACTIVITY 2

b. Think about zoonosis. Fill in this graphic organizer.



## STRUCTURE

## Gerund and Infinitive Forms

A **gerund** is a verb in its ing (present participle) form that functions as a noun that names an activity rather than a person or thing. Any action verb can be made into a gerund.

Positions of the gerund: at the **beginning of a sentence** when used as a subject or **after** the verb like an object.

Example: **Global Warming** has brought some negative impacts on the environment.

Scientists recommend **stop doing** activities, which damage the environment.

Some verbs that take "ing" form after the verbs: **recommend, report, discuss, avoid, keep, continue.**

An **infinitive** is a verb form that acts as other parts of speech in a sentence. It is formed with to + base form of the verb. Ex: to buy, to work.

Positions of the infinitive form: at the beginning of a sentence when used as a subject or after the verb like an object.

Example: **To seek some strategies for stopping the virus spread** is the purpose.

People **need to stop contaminating** the ecosystems.

Some verbs take infinitive forms after the verbs: **need, seek, want, wish, demand, wish.**

### ACTIVITY 3

#### a. Underline the gerund or the infinitive form in the following sentences.

- 1- Some researchers report receiving some data about possible new illnesses.
- 2- To demand more resources for the environment research is the purpose of this meeting.
- 3- Some people need to label areas where exotic animals are living.
- 4- Avoid touching these areas is the label that you can see when you arrive to the place.
- 5- Keep searching about the causes constitutes one of the purposes of this project.

### ACTIVITY 3

#### b. Match these sentences.

They need	searching about zoonosis.
Some of them wish	washing your hands constantly.
I recommend	to get some financial resources for the research.
People demand	to know the origin of this pandemics.
Please, keep	to investigate about this illness.



Do you know the word?  
Look at the image and read the question.



What does she continue doing?

She is taking \_\_\_\_\_

What are you seeing?

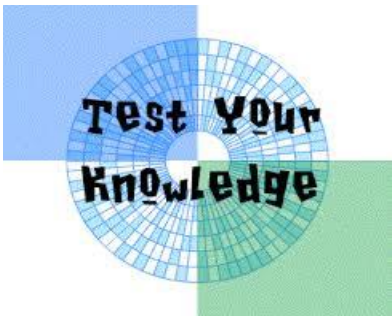
The \_\_\_\_\_ is moving  
around the city.



What is the principal cause of this flood?

\_\_\_\_\_ is affecting us  
constantly.



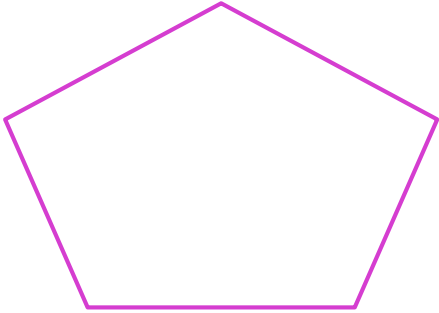


Survey about natural disasters, in Panama or around the world. Complete this timeline chart, using cause and effect.

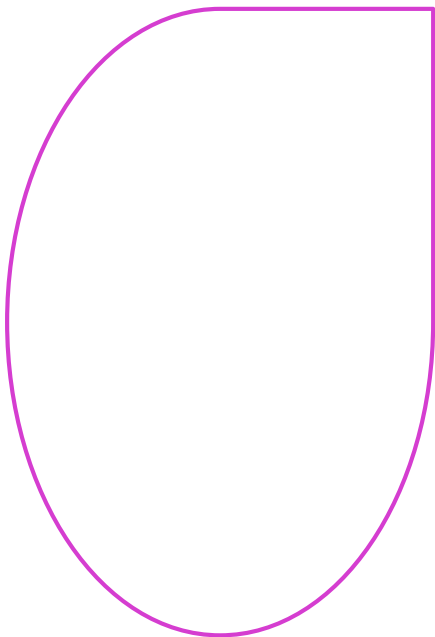
2018



event-cause



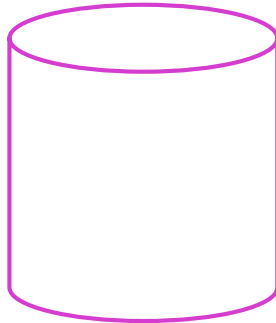
Effect



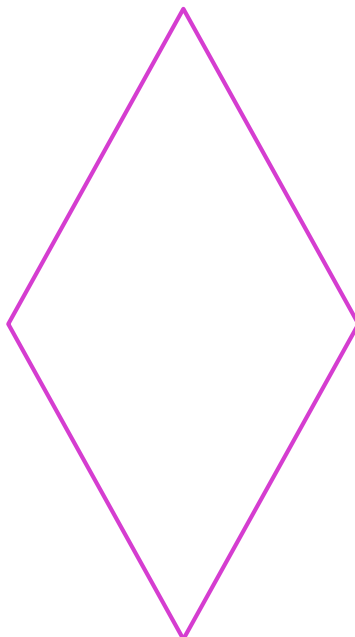
2019



event-cause



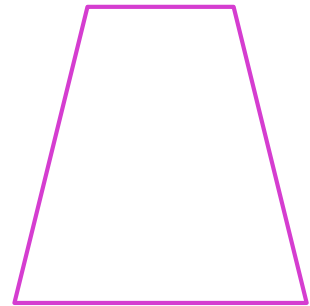
effect



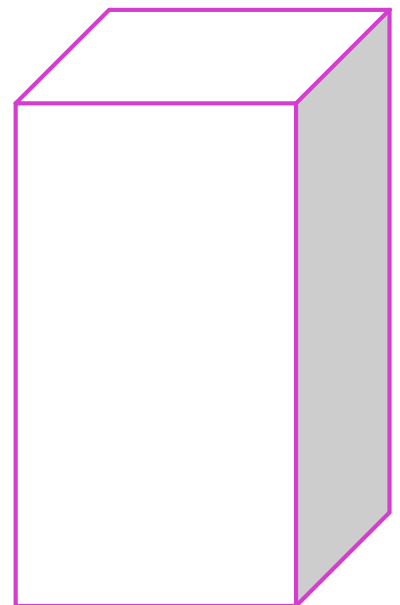
2020



Event-cause



effect



## GLOSSARY

## More words for your vocabulary

word	definition
damage	harmful effects on somebody/something
emission	the production or sending out of light, heat, gas, etc.
exotic	from or in another country, especially a tropical one; seeming exciting and unusual because it seems to be connected with foreign countries
increase	to become greater in amount, number, value, etc.; to make something greater in amount, number, value,
mitigate	to make something less harmful, serious,
research	a careful study of a subject, especially in order to discover new facts or information about it
survey	an investigation of the opinions, behavior, etc. of a particular group of people, which is usually done by asking them questions

<https://www.oxfordlearnersdictionaries.com>

## I CAN...

## Put a check to your learning outcomes.

- I can express ideas using gerund and infinitive forms.
- I can identify the main idea and the supplementary ideas of a reading.
- I can analyze events to determine the causes and the effects.

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

<https://www.oxfordlearnersdictionaries.com>

<https://www.gingersoftware.com/content/grammar-rules/verbs/gerunds-and-infinitives>

<https://learningenglish.voanews.com/a/getting-to-know-gerunds-and-infinitives>

<https://www.ego4u.com/en/cram-up/grammar/tenses>



## WEEK 11

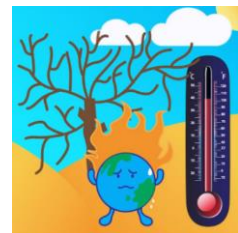
### GLOBAL WARMING

Global warming is described as a gradual increase in the average temperature of the Earth's atmosphere and its oceans; it is believed that this is changing the climate of the world. Changes resulting from global warming may include rising sea levels due to the melting of the polar ice caps, as well as an increase in occurrence and severity of storms and other severe weather events.

#### OBJECTIVES

- To interpret vocabulary and language related to environmental issues and solutions.
- To apply and promote environmental awareness in written way.

**DID  
YOU  
KNOW?**



**2019 was the  
second  
warmest year.**



### **KWL CHART. Answer questions under each column**

- Under K column. write "What do you know about this topic?"
- Under W column. write "What do you want to learn about this topic?"
- At the end of the module write under L column "What you learned about the topic?"

## **GLOBAL WARMING**



<b>KWL</b>		
<b>K</b> <b>What I know?</b>	<b>W</b> <b>What I want to know?</b>	<b>L</b> <b>What I learned?</b>

### **TOPIC EXPLANATION**

### **Global Warming.**

Global warming is the increase of average world temperatures because of what is known as the greenhouse effect. Certain gases in the atmosphere act like glass in a greenhouse, allowing sunlight through to heat the earth's surface but trapping the heat as it radiates back into space. As the greenhouse gases build up in the atmosphere the Earth gets hotter. This process is leading to a rapid change in climate, also known as climate change.

The "greenhouse effect" is the warming that happens when certain gases in Earth's atmosphere trap heat. These gases let in light but keep heat from escaping, like the glass walls of a greenhouse, hence the name.

# VOCABULARY

Word	Suggested Pronunciation	Definitions
rain	(reIn)	water that falls from the sky in separate drops
flood	(flood)	a large amount of water covering an area that is usually dry
creek	(kriek)	a narrow area of water where the sea flows into the land
river	(river)	a natural flow of water that continues in a long line across land to the sea
earthquake drill	(erkcuake dril)	drill or exercises used to practice in preparation for an earthquake
first aid	(ferst aid)	simple medical treatment that is given to somebody before a doctor comes or before the person can be taken to a hospital.
emergency number	(imergenci nomber)	numbers assigned to the police, fire, ambulance, or other like services for use by the public in reaching those services in an emergency.
indoor safety	(induor seifti)	the state of being safe and protected from danger or harm done or used inside a building

<https://www.oxfordlearnersdictionaries.com/us/definition>

## READING COMPREHENSION

### READ CAREFULLY

#### *Climate Change*



Climate includes the statistics of temperature, humidity, atmospheric pressure, wind, rainfall, atmospheric particle count and other meteorological elements in each region over a long period of time. Climate may be inherently variable as evidenced by the irregularity of the seasons from one year to another.

The greenhouse effect is the process by which absorption and emission of infrared radiation by gases in the atmosphere warm a planet's lower atmosphere and surface. It was proposed by Joseph Fourier in 1824 and was first investigated quantitatively by Svante Arrhenius in 1896.

Some Consequences of global warming are:

- Sea levels are rising due to thermal expansion of the ocean.
- Amounts and patterns of precipitation are changing.
- The total annual power of hurricanes has already increased markedly since 1975.
- Higher or lower agricultural yields, further glacial retreat, species extinctions.
- Diseases like malaria are returning into areas where they have been extinguished earlier.

## ACTIVITY 1

## READING COMPREHENSION (Answer true or false)

1. Climate is by definition variable.
  - a.  True
  - b.  False
2. Climate change observed in the last decades is natural.
  - a.  True
  - b.  False
3. Global warming is caused by industrialization.
  - a.  True
  - b.  False
4. Greenhouse effects have no impacts on our health.
  - a.  True
  - b.  False

## ACTIVITY 2

After reading several times, answer the following questions.

1. What is the title of the reading? \_\_\_\_\_
2. What is the greenhouse effect? \_\_\_\_\_
3. Who first investigated quantitatively the greenhouse effect?  
\_\_\_\_\_
4. Mention three consequence of global warming?  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

## STRUCTURE

## The Gerund as Subject

FORM	A gerund is a base verb + ing that works as noun. For example, a gerund can be a subject.
	A gerund is always singular.

### Gerund as Subject

Gerund Subject	Verb	
Global warming	is	the increase of average world temperatures.
Camping	is	difficult because of constant climate change.

FUNCTION	Example:
We use a gerund as a noun	Increasing earth's temperature is an effect of global warming.

## ACTIVITY 3

### Grammar practice.

Re-arrange the words to form correct sentences, remember each sentence should start with a capital letter.

1. of earth's atmosphere/ is called greenhouse effect/by certain gases/ the heating

\_\_\_\_\_

2. the earth/ of gases/ makes the earth/ the building up/hotter

\_\_\_\_\_

3. becomes tiresome/jogging/ because/ of high temperature

\_\_\_\_\_

4. because / is not recommended/ cycling/ of the climate

\_\_\_\_\_

5. of constant climate change/because / difficult/ camping

\_\_\_\_\_



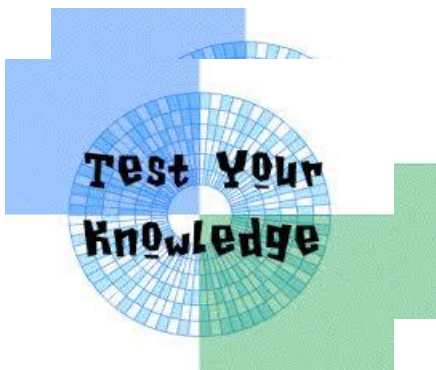
Word search:  
Search and circle the words

## Global Warming

S	M	P	T	P	E	E	E	R	H	A	U	N	D
G	R	E	E	N	H	O	U	S	E	B	R	O	R
L	S	E	S	A	E	S	I	D	T	S	A	I	A
S	T	A	E	O	S	P	E	N	E	O	S	T	I
N	E	E	Y	D	E	M	A	S	E	R	H	A	N
E	M	S	C	T	N	A	S	A	R	P	A	T	F
P	P	R	P	A	A	O	N	R	E	T	H	I	A
E	E	E	D	A	F	S	G	A	H	I	U	P	L
T	R	E	T	E	C	R	P	I	P	O	M	I	L
A	A	T	E	R	I	E	U	R	S	N	I	C	R
M	T	T	P	E	E	I	O	S	O	N	D	E	M
I	U	U	S	U	R	S	S	I	M	R	I	R	T
L	R	A	F	I	Y	T	L	Y	T	R	T	P	A
C	E	R	D	R	I	H	T	N	A	C	Y	T	E

- GREENHOUSE
- RAINFALL
- ATMOSPHERE
- SURFACE
- DISEASES
- HUMIDITY
- CLIMATE
- TEMPERATURE
- PRECIPITATION
- ABSORPTION

Play this puzzle online at : <https://thewordsearch.com/puzzle/1296341/>



**Designs a flyer about environmental issues with creativity and enthusiasm**

<b>Rubric - Making a Flyer</b>				
<b>Criteria</b>	<b>Exceeds Expectations 5 pts.</b>	<b>Meets expectations 4 pts.</b>	<b>Almost meets expectations 3 pts.</b>	<b>Below expectations 2 pts.</b>
<b>Instructions (See below)</b>	Followed all instructions exactly.	Almost followed instructions	One or more items missing.	Many items missing and/or late.
<b>Layout</b>	Extremely neat and easy to read.	Neat and easy to read.	Somewhat difficult to read.	Very difficult to read.
<b>Illustration</b>	Adds to the understanding of the text.	Good but does not add much meaning to the text.	Has nothing to do with the text.	None included.
<b>Grammar &amp; Conventions</b>	Flyer contains no errors.	Flyer contains one error.	Flyer contains two or three errors.	Flyer contains four or more errors.
<b>Content</b>	Clearly explains a topic about global warming consequence and how to avoid it.	Explains why and how people should avoid global warming	Explains either why or how people should global warming	Does not explain why or how people should avoid global warming.

**Instructions for designing a flyer:**

1. You should create a flyer that explains some consequences of global warming and explain why and how we could avoid them.
2. Include at least three images or drawings.
3. Typed or written work. You may use any font that you wish. Size of flyer should be normal printer paper.
4. Total points: 25.

## GLOSSARY

Word	Suggested Pronunciation	Definitions
Atmosphere	(atmosfer)	the gaseous envelope surrounding the earth
Carbon dioxide (co2)	(carbon diocide)	a gas breathed out by people and animals from the lungs or produced by burning carbon
Deforestation	(deforestacion)	the act of cutting down or burning the trees in an area
Desert	(disert)	a large area of land that has very little water and very few plants growing on it. many deserts are covered by sand.
Glacier	(gleisier)	a slow-moving mass or river of ice, formed from snow on mountains or near the north pole or south pole
Climate	(claimet)	the regular pattern of weather conditions of a particular place
Precipitation	(precipiteision)	rain, snow, etc. that falls; the amount of this that falls
Humidity	(humiditi)	the amount of water in the air
Surface	(sorfis)	the outside or top layer of something
Meteorological	(mitiorological)	connected with the earth's atmosphere and its changes, especially in the way they affect the weather

**I CAN...**

**CHECK (  ) THE THINGS YOU LEARNED**

I can define global warming

I can identify consequences of global warming

I can write sentences using gerunds and infinitives verb related to environmental issues

**SUPPLEMENTARY MATERIAL**

**More resources for your learning.**

<https://www.nationalgeographic.org/encyclopedia/weather/>

[https://medium.com/@mit\\_ra/global-warming-reality-or-a-business-trick-4ecc2a697ee2](https://medium.com/@mit_ra/global-warming-reality-or-a-business-trick-4ecc2a697ee2)

<https://thewordsearch.com/puzzle/1296341/>



## WEEK 12

### GLOBAL WARMING, ANIMAL CONSERVATION

Humans and wild animals face new challenges for survival because of climate change. The health of wildlife, people, and the habitats they rely on are all interconnected. Effects on one part on an ecosystem affect other parts over time, and climate change is already impacting many species of native wildlife all over the world.

#### OBJECTIVES

- 1.To interpret related environmental issues and solutions.
- 2.To write essays promoting environmental awareness.

**DID  
YOU  
KNOW?**



**There are  
more than  
1,000  
endangered  
species  
worldwide**



## What can you do to help endangered animals?

Write three things you can do to help endangered animals:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### TOPIC EXPLANATION

## Global Warming, Animal Conservation.

Animal conservation is the act of protecting ecosystems and environments to protect the animals that live there.

We know we are living through a massive environmental crisis. Stopping the worst effects of climate change and protecting the world's wildlife are hugely important to the health of our planet, but it's a big task. Fortunately, these two things reinforce each other. Protecting wildlife and their habitats actually offers one of the most substantial and underrated solutions to the climate crisis.

When we think about climate solutions, we often think of changing our consumption habits (driving less, turning off the lights) and shifting to renewable energy sources (wind & solar energy). These are recognizable and necessary solutions to battling the climate crisis.

Animal conservation, in its true definition, is to love and fight for the wildlife you love and the habitat they live in.

## VOCABULARY Animal Conservation

Word	Suggested Pronunciation	Definitions
Smog	(smog)	a form of air pollution that is or looks like a mixture of smoke and fog, especially in cities
Skin eruptions	(skin eruption)	eruption on the skin occurring as a symptom of a disease.
breath	(bret)	the air that you take into your lungs and send out again
ecosystem	(ecosystem)	all the plants and living creatures in a particular area considered in relation to their physical environment
conservation	(conserveition)	the protection of the natural environment
containment	(conteinment)	the act of keeping something under control so that it cannot spread in a harmful way.

## READING COMPREHENSION

### READ CAREFULLY



#### Pollution and its Negative Effects

Pollution is the degradation of natural environment by external substances introduced directly or indirectly. Human health, ecosystem quality and aquatic and terrestrial biodiversity may be affected and altered permanently by pollution.

Pollution occurs when ecosystems cannot get rid of substances introduced into the environment. The critical threshold of its ability to naturally eliminate substances is compromised and the balance of the ecosystem is broken. The air is contaminated and unclean.

The sources of pollution are numerous. The identification of these different pollutants and their effects on ecosystems is complex. They can come from natural disasters or the result of human activity, such as oil spills, chemical spills, nuclear accidents.

Preventing pollution and protecting the environment necessitate the application of the principles of sustainable development. we must consider satisfying the needs of today without compromising the ability of future generations to meet their needs

## ACTIVITY 1

After reading several times, choose the correct answer

### Comprehension

- The damage caused by pollution might be irreversible:
  - True
  - False
- The ecosystem
  - can always cope with pollutants
  - may not always be able to cope with pollution.
- Pollution
  - is always caused by humans.
  - may sometimes be caused by natural disasters.
- An ideal solution to prevent pollution would be to
  - refrain the development of some countries.
  - continue developmental projects.
  - take into consideration the future generations need to live in a healthy environment.

## ACTIVITY 2

Use the word bank and fill gap for each sentence

Word Bank: **degradation, ecosystem, compromising, sources, natural disasters, satisfying**

- Pollution may sometimes be caused by \_\_\_\_\_.
- Pollution is the \_\_\_\_\_ of natural environment by external substances.
- The \_\_\_\_\_ may not always be able to cope with pollution
- The \_\_\_\_\_ of pollution are numerous.
- We must consider \_\_\_\_\_ the needs of today without \_\_\_\_\_ the ability of future generations

## STRUCTURE

Expressing purpose within order to and for using infinitives with too and enough followed by infinitives

Form/function → in order to + base verb

1. We can use in order to+ base verb to explain a purpose.

Example: we drank a lot of coffee in order to stay awake

2. We can also use for+ an object to show purpose

Example: I went to the pharmacy for some medication.

I went to the pharmacy to buy some medication.

## FORM

1. Too comes before an adjective or adverb. We use for+ an object when we need to say WHO does the action in the infinitive

Examples:

Subject verb too+adjective/ adverb (for + object ) infinitive

It is too cold for the girls to go to the beach

2. Enough comes after an adjective/adverb + enough (for+object) infinitive

Example: He spoke loudly enough for us to understand

## Function

1. When we use too it has a negative meaning

Example: I am too tired to go. (I cannot go )

In an affirmative sentence, enough has a positive meaning. It implies that there is as much of something needed.

Example: She is old enough to drive.

## ACTIVITY 3

Rewrite the sentences using **too** and **enough** and the words in parenthesis

1. The music was so loud that we couldn't have a conversation.  
( loud/ for us) ( low / for us)
2. We were so tired that we couldn't walk home.  
(tired) ( energetic)
3. The clothes were so expensive that we couldn't buy them  
(Expensive for us) (cheap for us)



## Word Scramble

Read and Unscramble Words

### Global Warming

RVBDITSIEIOY \_\_\_\_\_

IOL \_\_\_\_\_

LSLIP \_\_\_\_\_

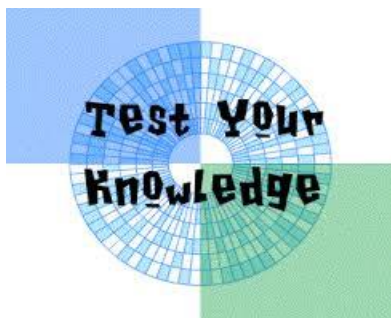
AANLRTU \_\_\_\_\_

SDIESRTSA \_\_\_\_\_

EACNNLU \_\_\_\_\_

IAACUQT \_\_\_\_\_

RIEAERTRLS \_\_\_\_\_



**Write a descriptive paragraph (15 sentences) about the effects of human actions on the environment.**

### Rubric - Paragraph Writing - Descriptive

	Excellent 4 pts	Good 3 pts	Fair 2 pts	Needs attention 1 pts
Topic Sentence	The topic sentence is the first sentence in the paragraph. It is a clear statement of the paragraph content.	The topic sentence gives some clarity of the overall connectivity of the sentences present.	The topic sentence gives little evidence of a relevant topic connecting to the other sentences.	There is no topic sentence presented in the paragraph.
Proof of Description	Descriptive words are used to describe the topic and reach the five senses. At least one simile or metaphor was used. The setting was clear.	Some descriptive words are used to describe the topic and reach the five senses. At least one similia or metaphor was used, and the setting was clear.	An attempt at descriptive words was used to describe the the five senses. However, the "sense" language was not developed, or a simile or metaphor was missing, and/or the setting was not clear.	Few descriptive words are used and/or no simile and metaphor was present, or the setting was unclear.
Organization	Paragraph has good organization. The sentences and transitions were well structured. The Paragraph was easy to read.	Your paragraph contained mostly well-ordered sentences. with smooth transitions.	Your paragraph was confusing to read and had limited use of transitions. The events jump around too much.	Your paragraph was hard to read, the events were not organized, and make little sense.
Concluding Statement	The concluding statement is the last sentence of the paragraph. It is a clear statement that repeats key words from the topic sentence.	The concluding statement is the last sentence of the paragraph. It is a somewhat clear statement that repeats some key words from the topic sentence.	The concluding statement is the last sentence of the paragraph. It is not a clear statement and does not repeat key words from the topic sentence.	There is no concluding statement at the end of the paragraph.
Mechanics	You did not make any spelling or grammatical mistakes. You included a title and indented the paragraph	You have some spelling and grammatical mistakes. You included a title and indented the paragraph.	You have several spelling and grammatical mistakes. You did not include a title and/or forgot to indent your paragraph.	It is difficult to read and understand your paragraph, there is no evidence of editing.

## GLOSSARY

Word	Suggested Pronunciation	Definitions
oil spill	(oil spil )	is the release of a liquid petroleum hydrocarbon into the environment, especially the marine ecosystem, due to human activity
Source	(sorce )	a place, person, or thing that you get something from

Biodiversity	( biodiversity )	the existence of a large number of different kinds of animals and plants which make a balanced environment
natural disasters	( natural disasters )	a sudden and violent event in nature (such as an earthquake, hurricane, or flood) that kills or injures a lot of people or causes a lot of damage
Habitat	( habitat )	the place where a particular type of animal or plant is normally found
Environment	( environment )	the natural world in which people, animals and plants live
unclean	( unclean )	dirty and therefore likely to cause disease
Aquatic	( aquatic )	growing or living in, on or near water
Terrestrial	( terrestrial )	living on the land or on the ground, rather than in water, in trees or in the air
Wildlife	( wildlife )	animals, birds, insects, etc. that are wild and live in a natural environment

**I CAN...**

**CHECK ( ✓ ) THE THINGS YOU CAN DO**

I can write a descriptive paragraph about effects of human actions on the environment warming

I can use the grammar structure to write sentences using infinitives with too and enough with an awareness message.

I can interpret related environmental issues and solutions.

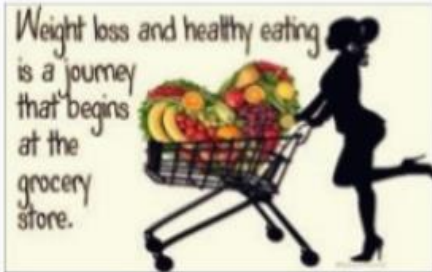
**SUPPLEMENTARY MATERIAL**

**More resources for your learning.**

[https://www.myenglishpages.com/site\\_php\\_files/reading-pollution-environment-issues.php](https://www.myenglishpages.com/site_php_files/reading-pollution-environment-issues.php)

<https://www.oxfordlearnersdictionaries.com/us/definition>

# HEALTHY FOOD HABITS



**HEALTHY  
FOOD**  **HEALTHY  
YOU**



Eat well, think better.



## WEEK 13 NUTRITION HEALTHY EATING HABITS

Nutrition is the source for energy in our bodies. It is the way in which nutrients function and the process by which we get the food that is needed to grow strong and healthy.

### OBJECTIVES

- To produce language related to nutrition and healthy habits.
- To make suggestions about healthy eating habits

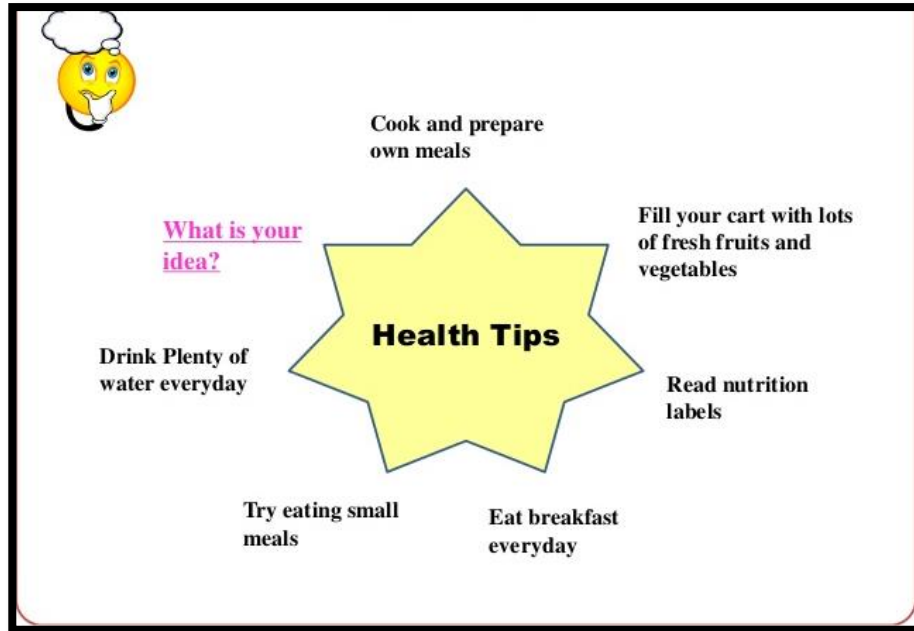
**DID  
YOU  
KNOW?**

**Broccoli  
contains  
twice the  
amount of  
Vitamin C  
than an  
orange...**



## Brainstorming

In your opinion, what is **healthy eating habits**?



## TOPIC EXPLANATION

### Nutrition

Nutrition is the study of food at work in our bodies, our source for energy, and the medium for which our nutrients can function. Think of nutrition as the building blocks of Nutrition is the science that interprets the nutrients and other substances in food in relation to maintenance, growth, reproduction, health, and disease of an organism. It includes ingestion, absorption, assimilation, biosynthesis, catabolism, and excretion.

There are many aspects of nutrition including knowing about the different food groups, understanding calories, and learning about the different vitamins, nutrients, and minerals a body needs, and what to avoid.

# VOCABULARY

Word	Suggested Pronunciation	Definition
growth	(grout)	the process in people, animals or plants of growing physically, mentally or emotionally
nutrient	(nutrient)	a substance that is needed to keep a living thing alive and to help it to grow
substance	(soubtans)	a type of solid, liquid or gas that has particular qualities
maintenance	(meintenans)	the act of keeping something in good condition by checking or repairing it regularly
food	(fud)	things that people or animals eat
habit	(habit)	a thing that you do often and almost without thinking, especially something that is hard to stop doing
healthy	(helti)	having good health and not likely to become ill

<https://www.oxfordlearnersdictionaries.com/>

## READING COMPREHENSION

### NUTRITION HEALTHY EATING HABITS (Read carefully)



Nutrition is the study of nutrients in food. Nutrients provide nourishment such as proteins, carbohydrates, fat, vitamins, minerals, fiber and water are all nutrients. Eating healthy is the key to a healthy quality life. Our physical fitness is dependent on what we eat. Changing our eating habits is not as difficult as we think. A very good eating habit begins with eating three meals (breakfast, lunch, and dinner) per day with snacks between meals. Your meal should include grains, meat, and vegetables. Good nutrition is very important to lead a healthy life.

## READING COMPREHENSION

### ACTIVITY 1

After reading several times, answer the following questions.

1. What is nutrition? \_\_\_\_\_
2. Why good nutrition is important? \_\_\_\_\_
3. Who does good eating habits begins? \_\_\_\_\_
4. What is the key to healthy life? \_\_\_\_\_

### ACTIVITY 2

COMPLETE THE SENTENCES APPROPRIATELY. USE THE GUIDE WORDS GIVEN

1. NUTRIENTS PROVIDE \_\_\_\_\_ TO OUR BODY.
2. OUR PHYSICAL FITNESS DEPENDS ON WHAT WE \_\_\_\_\_.
3. THE STUDY OF NUTRIENTS IN OUR BODY IS CALLED \_\_\_\_\_.
4. GOOD EATING HABITS DEPEND ON EATING THREE \_\_\_\_\_ A DAY.
5. CHANGING OUR EATING HABITS IS NOT \_\_\_\_\_

GUIDE WORDS: NUTRITION, MEALS, NOURISHMENT, DIFFICULT, EAT

### STRUCTURE

### SYNONYMS, QUANTIFIERS, AND IMPERATIVES

<b>Quantifier:</b>	a word that is used with a noun to show quantity.
<b>Imperative:</b>	the form of a verb that expresses an order
<b>Synonym:</b>	a word with the same or nearly the same meaning of another word in the same language



## QUANTIFIERS IN ENGLISH

With Uncountable Nouns	With Countable Nouns	With Countable & Uncountable Nouns
<ul style="list-style-type: none"> <li>• Much</li> <li>• A bit (of)</li> <li>• Little</li> <li>• A great deal of</li> <li>• A large quantity of</li> <li>• A little</li> <li>• Very little</li> <li>• A large amount of</li> </ul>	<ul style="list-style-type: none"> <li>• A majority of</li> <li>• A great number of</li> <li>• Several</li> <li>• Many</li> <li>• A large number of</li> <li>• A number of</li> <li>• Few</li> <li>• A few</li> <li>• Very few</li> </ul>	<ul style="list-style-type: none"> <li>• All, Enough</li> <li>• None, No</li> <li>• Some</li> <li>• More</li> <li>• Most</li> <li>• Lots of</li> <li>• Less, Least</li> <li>• Any</li> <li>• Not any</li> <li>• Plenty of</li> </ul>

Englishstudyonline.org



## IMPERATIVES

Function	Example
Imperative to use giving a direct/order/command	Wake up now!
Imperative to use giving a warning/prohibition	Watch out! Don't touch me!
Imperative to use giving a advice	Don't be panic Don't eat too much
Imperative to use giving a instruction	Go straight ahead then turn left Take the pill after a meal
Imperative to use giving a request	Please don't go Please reconsider Let me alone, please

## ACTIVITY 3

### Grammar practice - Quantifier

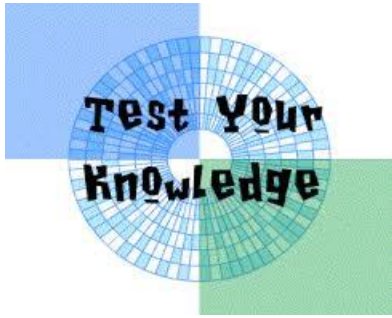
Choose the correct quantifier.

1. They have had  homework in mathematics recently.
2. How  time do you need to finish the work?
3. There are too  students in the library.
4. Have you visited  foreign countries?
5. Although he's very ill, he didn't take  medicine.
6.  people know as much about linguistics as John does.
7. They say  knowledge is a dangerous thing.
8. He's having  of trouble passing his driving test.
9. I spend  of my time reading novels.
10. He knows  English. He knows enough English to manage.



**Just Do it**, Issue commands like those here, roll your dice and have fun





Write a personal report about his-her healthy and unhealthy food habits.

---

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## GLOSSARY

## READ ALOUD

Word	Suggested pronunciation	Definition
ingestion	(ingestion)	the act of taking food, drugs, etc. into your body, usually by swallowing (= making them go down your throat)
absorption	(absorption)	the process of a liquid, gas or other substance being taken in Vitamin D is necessary to aid the absorption of calcium from food
assimilation	(asimileition)	the process of fully understanding an idea or some information so that you are able to use it yourself
catabolism	(catablism)	the process by which chemical structures are broken down and energy is released
excretion	(excretion)	the act of passing solid or liquid waste matter from the body; the solid or liquid waste matter that is passed in this way

## I CAN...

## Check list with things I can do

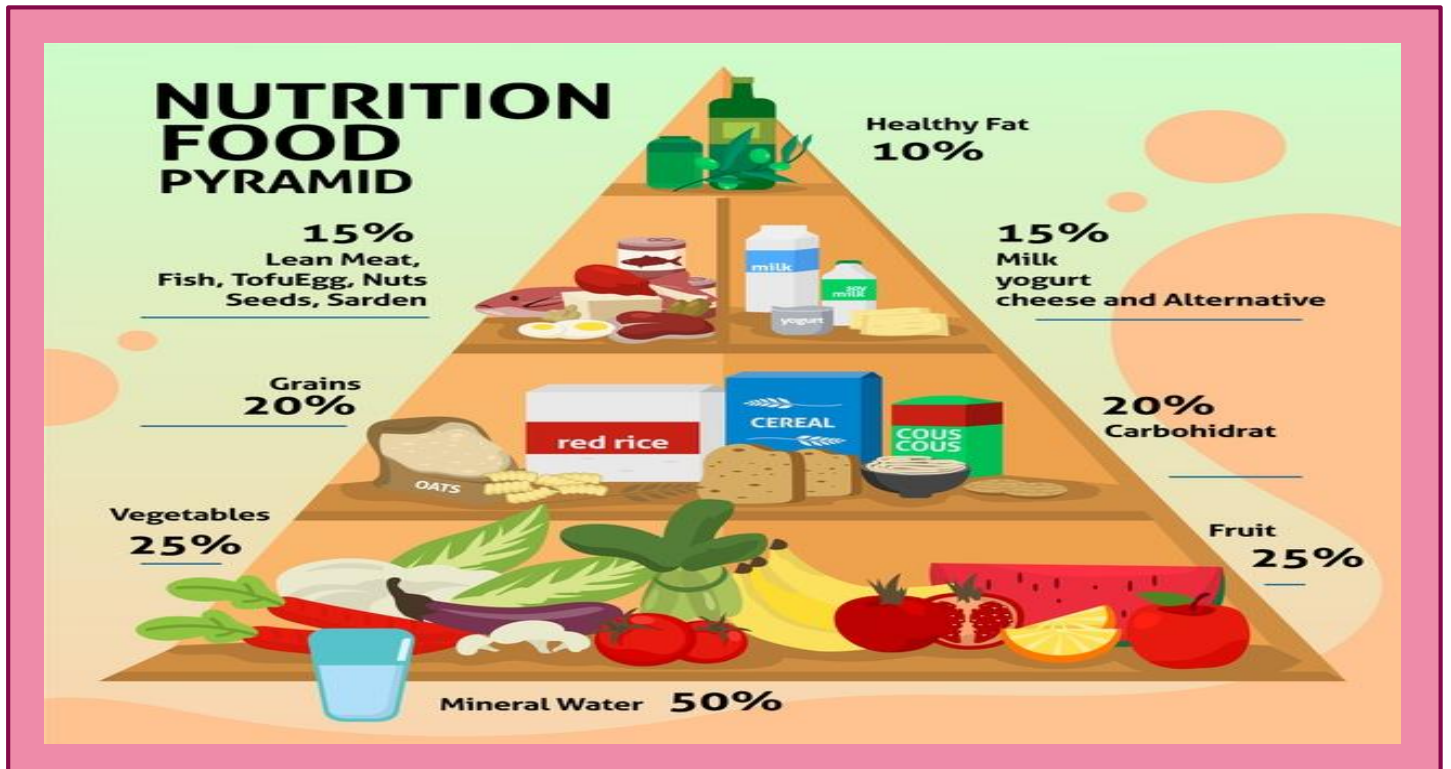
Use the following check list to make sure your project is well done.

- Write a report and identify healthy and unhealthy food habits.
- Uses capital letters where needed.
- Uses the given structure correctly.

**SUPPLEMENTARY MATERIAL**

**More resources for your learning.**

1. <https://www.slideshare.net/vhseateries/healthy-eating-habits-43534159>



## WEEK 14 FOOD PYRAMID, NUTRITION

The Food Pyramid is designed to make healthy eating easier. Healthy eating is about getting the correct amount of nutrients – protein, fat, carbohydrates, vitamins, and minerals you need to maintain good health.

### OBJECTIVES

1. To describe issues and giving suggestions to promote good healthy habits.
2. To analyze the main supplementary ideas about a reading related to nutrition

**DID YOU KNOW?**

The first food pyramid was created in the 1970s in Sweden.



### **KWL CHART. Answer questions under each column**

- Under K column. write "What do you know about this topic?"
- Under W column. write "What do you want to learn about this topic?"
- At the end of the module write under L column "What you learned about the topic?"

<b>KWL</b>		
<b>K</b> <b>What I know?</b>	<b>W</b> <b>What I want to know?</b>	<b>L</b> <b>What I learned?</b>

## **TOPIC**

## **EXPLANATION**

### **The Healthy Eating Food Pyramid**

Balanced diet is a key to stay healthy. Follow the "Healthy Eating Food Pyramid" guide as you pick your food. Grains should be taken as the major dietary source. Eat more fruit and vegetables. Have a moderate amount of meat, fish, egg, milk, and their alternatives. Reduce salt, fat/ oil, and sugar. Trim fat from meat before cooking. Choose low-fat cooking methods such as steaming, stewing, simmering, boiling, scalding, or cooking with non-stick frying pans. Also reduce the use of frying and deep-frying. These can help us achieve balanced diet and promote health.

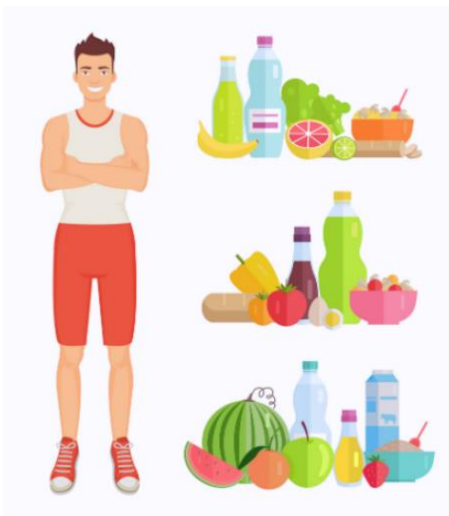
Since different foods have different nutritional values, it is not possible to obtain all the nutrients we need from a single food. According to the Healthy Eating Food Pyramid, we have to eat a variety of foods among all food groups as well as within each group in order to get different nutrients and meet our daily needs.

## VOCABULARY

1. Diseases (disiz): an illness affecting humans.
2. Habits (habits): a thing that you do often
3. Environment(enviroment): the natural world where people animals and plants live
4. Huge (huge): extremely large in size and amount, great in degree
5. Goals (gols)-----something that you plan to achieve

## READING COMPREHENSION

### Healthy Eating



The food you eat can affect your health and your risk for certain diseases. To eat healthier food, you may need to change some of your daily habits. You also may need to change some things in your environment. Your environment includes everything around you, like your home or the place you work.

You don't need to make huge changes to eat healthier. And you don't have to change your habits all at the same time. It's best to set small goals and change your habits a little bit at a time. Over time, small changes can make a big difference in your health. This information will help you make useful changes for healthy eating and avoiding obesity.

## ACTIVITY 1

### READING COMPREHENSION (Answer true or false)

1. You need to make huge changes to eat healthier TRUE\_\_\_\_\_ FALSE \_\_\_\_\_
2. The food you eat affect your health TRUE \_\_\_\_\_ FALSE\_\_\_\_\_

## ACTIVITY 2

# Eating habits

Look at the different eating habits. Discuss with your partner which ones are healthy and unhealthy and explain why



## 2. What are your eating habits?

.....

.....

.....

.....

.....

## STRUCTURE

### COUNT NOUNS AND NON-COUNT NOUNS, SEVERAL, A LOT OF, MANY/ MUCH, A FEW/ A LITTLE

#### FORM/ FUNCTION

1. There are two kinds of nouns; count nouns and non: count nouns.
2. Non count nouns name things that we can count: one chair, two chairs. Non count nouns name things we cannot count because we see them as a mass or an abstraction: rice. Love
3. Count nouns have singular and plural forms. They can take some/any/ many/ few with the plural forms verbs.
4. Non count nouns have only the singular forms. Milk, weather, gold. They can take some/any/much/ little with the plural form: there is some milk in the refrigerator
5. Some quantity expressions such as many and a few go with plural count nouns. Others such as much and a little go with non-count nouns

## ACTIVITY 3

### Grammar practice

Complete the sentences with much, many, a lot or a little.

#### Complete the sentences with much, many, a lot, or a little

1. I didn't spend \_\_\_\_\_ money on the sweater
2. I have \_\_\_\_\_ songs written.
3. She doesn't have \_\_\_\_\_ time
4. It needed \_\_\_\_\_ more time

#### Complete the sentences with a few, a little, few

1. Can you give \_\_\_\_\_ advice
2. I have \_\_\_\_\_ friends
3. I have \_\_\_\_\_ milk.

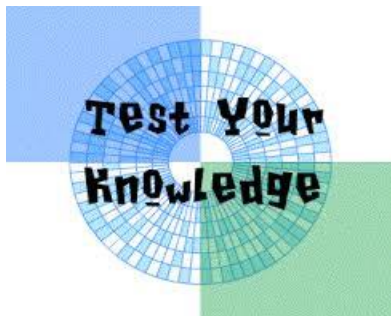


**Word search:**

**Search and circle the words**

T Y H E F O O D Y O A U F E A  
 U N H E A L T H Y T V O C A N  
 A F F T E C T Y O U O R H E A  
 L T H A L N D Y O D I U R R I  
 S K F O R A C E R T D A I N D  
 I S D E A S E S E S I M C J R  
 X O I V V E T H Y H N Y Q P Q  
 E I E N A C X R W W G P A A J  
 Q O T N U V U S N O S P J P N  
 E T K D J F I Y B H G Z W G H  
 K H O E J Z L E F R O B N Y V  
 N R S S O R S K F L S E N D G  
 P G O F Q I M V U V F C G C Q  
 H D E P T B G U C Z J B Q N S  
 R J Y Y Y U T Q L P K Q U W D

AVOIDING  
 DIET  
 FOOD  
 HEALTHY  
 OBESITY  
 PRODUCTS  
 UNHEALTHY



**Write a 10 sentences paragraph about the pro and cons of consuming junk food.**

	4	3	2	1	Score
Main Topic	Strong main idea restated in the closing sentence	Adequate main idea restated in the closing sentence	Weakly stated main idea weakly restated in closing sentence	Unclear main idea not restated in closing sentence	
Supporting Sentences	Three or more supporting sentences per paragraph	Two supporting sentences per paragraph	One supporting sentence per paragraph	No supporting sentences	
Grammar	Few, if any, errors	Several errors that do not interfere with meaning	Many errors that interfere with meaning	Many errors that make it illegible	

## GLOSSARY

## READ ALOUD

1. Change: to become different
2. Includes: to make somebody or something part of you
3. Avoiding: to prevent something
4. Obesity: the quality of being very fat
5. Useful: that can help you to do or achieve what you want

## I CAN...

## CHECK ( ) THE THINGS YOU LEARNED

- I can describe issues and give suggestions to promote good healthy habits. (\_\_\_\_)
- I can analyze the main supplementary ideas about a reading related to nutrition. (\_\_\_\_)

## SUPPLEMENTARY MATERIAL

## More resources for your learning.

<https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=ad1169&>.



## WEEK 15

### HOW TO EAT HEALTHY DURING THE INDOORS CURFEW?

Today more than ever everyone has a responsibility with one another. Eating a healthy balanced diet is essential for good health and normal immune function. Therefore, following your good healthy eating habits as a social responsibility is the recommended way to meet your nutrient needs and keep you healthy during isolation.

#### OBJECTIVES

1. To produce written language related to nutrition and healthy habits.
2. To make written suggestion to void health problems

**DID  
YOU  
KNOW?**

**“Natural”  
Doesn't Mean  
Healthy ...**



### KWL CHART. Answer questions under each column

- Under K column. write “What do you know about this topic?”
- Under W column. write “What do you want to learn about this topic?”
- At the end of the module write under L column “What you learned about the topic?”

KWL		
K What I know?	W What I want to know?	L What I learned?

## TOPIC

## EXPLANATION

How to avoid eating junk food during curfew

The lockdown has disturbed our routine in all aspects of life. But what’s taking a huge hit is our eating habits.

As we try to make sense of this new normal, many of us find ourselves making frequent trips to the kitchen, looking for comfort food.

Here are a few tips on how to handle these cravings and stay healthy as we wait for normalcy to unfold.

- Keep carrots, cucumber, and fruits handy.
- Reduce the quantity and frequency of sugar intake before cutting it down completely.
- Stay hydrated as dehydration is often misunderstood as cravings. So, in that case, so in case of cravings, drink water.
- Stress will trigger food cravings. Try to take up an indoor physical activity or meditation to avoid weight gain due to stress-eating.
- Appetite is also affected by sleep which induces stress and cravings. So, get a good sleep.
- Eating a well-balanced major meal will stop the cravings during other times of the day.

## VOCABULARY

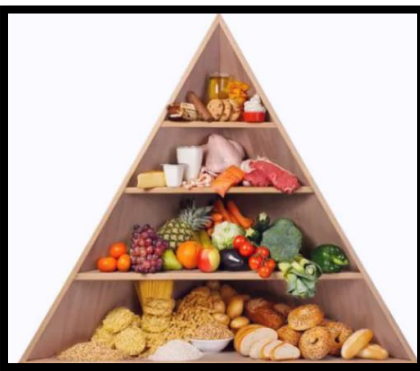
Words that can help students understand the reading with the suggested pronunciation in parenthesis.

### VOCABULARY

1. Boosts: make something increase or become better or more
2. Plenty: large amount, as much as, as many as you need
3. Portion: one part of something large
4. Adjusted: to change something slightly

## READING COMPREHENSION

### Eat a balanced and varied diet



There are no foods or supplements that can 'boost' our immune system and prevent or treat COVID-19. Nevertheless, eating a well-balanced diet, with plenty of fruits and vegetables, whole grains, plant and animal proteins and healthy fats is the best way to get all the essential nutrients we need for good health and normal immune function. As self-isolation may lead us to be less active, it is also important to pay close attention to food portions and to keep our energy balance adjusted to meet our needs

## ACTIVITY 1

### READING COMPREHENSION (Answer true or false)

1. Self-isolation may lead us to be more active? True (\_\_\_) False (\_\_\_)
2. The best way to get essential nutrients is with a well-balanced diet? True (\_\_\_) False (\_\_\_)

## ACTIVITY 2

### Food Nutrients.

Use a range of source of information (as example; revision guides, books, or magazines) to fill the table below in as much details as possible-

Nutrient	Food with this nutrient in	What it is used for in the human body
Carbohydrate		
Protein		
Fat		
Vitamins		
Mineral		
Water		

## STRUCTURE

### WHOSE IN ADJECTIVE CLAUSE

#### FORM / FUNCTION

1. We use the relative pronoun whose to show possession. We always use a noun after whose. We cannot omit whose.
2. The noun after whose is the, thing that the person or thing in the main clause possesses.
3. **Do not confuse whose with who's**

#### Examples:

- *That's the student whose application we just read*
- *I want to go to that university whose English department is the best.*

Grammar practice

**ACTIVITY 3**

WRITE SENTENCES USING “WHOSE” IN AN ADJECTIVE CLAUSE.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_



Word search:

Search and circle the words

S T E H E F O O D B Y O U E Y  
T V A S T C A N D O A F F G E  
I C E T S Y O E U O R H R E A  
U L T G H E C A P S S E N D Y  
R O U R E N N O R T N I S K F  
F O R C A T R T N E E R T A I  
N D G L I T A E I E V I T C A  
S E A R I A M B H A F A T S S  
E B S O A E X Y L I L D B X K  
B A N W L I D E W E K R A S L  
D S E P M R N O N Z S P X N O  
K W P U A M Q S M U B M N O B  
E U T T D Q S K M E M Y S C A  
S H E A L T H Y K I H M M D W  
Q D U H L A L D U R V K I H P

- ACTIVE
- BALANCED
- BOOST
- ENERGY
- ESSENTIAL
- FATS
- FRUITS
- GRAINS
- HEALTHY
- HYDRATED
- IMMUNE
- PORTIONS
- SUPPLEMENTS
- VEGETABLES



Draw a healthy food plate and write a short description of the nutritional values of the portion

	Unsatisfactory 1 pts	Needs Improvement 3 pts	Satisfactory 5 pts
Ingredient analysis	Unsatisfactory Students created a Dinner plate for healthy eating; but it had little reference to the 5 sections or ingredients plotted. It was not neatly displayed.	Needs Improvement Students created a labelled Dinner Plate for Healthy Eating chart, with no more than half the ingredients plotted. It was neatly displayed.	Satisfactory Students created a clearly labelled Dinner Plate for Healthy Eating chart; with all ingredients plotted. It was neatly displayed with no spelling mistakes.
Meal Planning	Unsatisfactory Students did not plan a suitable meal that covered all areas of the healthy eating model	Needs Improvement Students presented their planned dinner meal but it did not cover all areas of the dinner plate for healthy eating concept	Satisfactory Students clearly presented their planned dinner meal to cover all areas of the dinner plate for healthy eating.
Food Variety	Unsatisfactory Students did not offer a well-balanced meal.	Needs Improvement Students offered only some aspects of a balanced meal.	Satisfactory Students used a variety of foods within their meal planner making sure the meal was well balanced.

## GLOSSARY

## READ ALOUD

Word	Suggested pronunciation	definitions
self-isolation	(self-isolation)	the act of avoiding contact with other people in order to prevent the spread of infection,
Fat	(fat)	a white or yellow substance in the bodies of humans and animals stored under the skin
immune	(inmun)	that cannot be affected by any particular disease or illness
Curfew	(corfiu)	a law that states that people cannot go outside.

I CAN...

CHECK (  ) THE THINGS YOU LEARNED

I can produce written language related to nutrition and healthy habits. (\_\_\_\_)

I can make written suggestion to void health problems. (\_\_\_\_)

**SUPPLEMENTARY MATERIAL**

**More resources for your learning.**

[https://www.youtube.com/watch?v=LYVJmC\\_BSCw](https://www.youtube.com/watch?v=LYVJmC_BSCw)

## QUIZ ANSWER KEYS

### GLOBAL WARMING

#### Activity 1

1. True
2. False
3. True
4. False

#### Activity 2

I. Answer the questions.

1. The title of the reading is Global Warming.
2. Greenhouse effect is the process by which absorption and emission of Infrared radiation by gases in the atmosphere warm a planet's atmosphere and surface.
3. Svante Arrhenius first investigated quantitatively the greenhouse effect.
4. Three consequences of global warming are

#### Activity 3

- 1 The heating of earth's atmosphere by certain gases is called greenhouse effect.
  1. The building up of gases makes the earth hotter.
  2. Jogging becomes tiresome because of high temperature.
  3. Cycling is not recommended because of the climate.
  4. Camping is difficult because of the constant climate

### ANIMAL CONSERVATION

#### Activity 1

1. True
2. b
3. b
4. a

#### Activity 2

Fill the gap. Use the Bank words.

1. natural disasters
2. degradation
3. Ecosystem

4. sources
5. satisfying , compromising

#### Activity 3

- 1 The music was too loud for us we couldn't have a conversation.  
The music was low enough so we could have a conversation.
- 2 We were too tired to walk home.  
We were energetic enough to walk home
- 3 the clothes were too expensive for us that we could't buy them.  
The clothes were expensive enough so we could buy them

#### Activity 4

1.Biodiversity

2.oil

3.slip

4.natural

5.disaster

6.unclean

7.aquatic

8.terrestrial

### NUTRITION

### HEALTHY EATING HABITS 13

#### Activity 1

1. Nutrition is the study of nutrients in our body.
2. Good nutrition is important to lead a healthy life.
3. Good eating habits begin by eating three meals,( breakfast, lunch, and dinner ) per day.
4. Eating healthy is the key to lead a good life.

#### Activity 2

Complete the sentences. Use the Word Bank.

1. nourishment
2. eat
3. nutrients
4. meals
5. difficult

#### Activity 3

1. lots of
2. much
3. too many
4. any
5. much
6. Many
7. a lot of
8. Lots of
9. a lot of
10. a little

## Food Pyramid Nutrition 14

### Activity 1

1. False
2. True
3. False
4. FALSE

### ACTIVITY 2

Answer may vary

### Activity 3

1. much
2. a lot
3. much
4. a little

complete the sentences

1. a few
2. few
3. a little

Play and learn word search

No supplementary

## How to Eat Healthy During the Indoors Curfew 15

### Activity 1

1. false
2. true

### Activity 2

answers will vary

### Activity 3

answer will vary

play learn word search

needs supplementary activity